

Disabled Children Network News

Children & Young People's Service - Edition 10

Summer 2010

From the Register of Disabled Children

Welcome to the 10th edition of our newsletter for disabled children. We hope this information is useful and that you all have a good summer.

Over the past 6 months we have worked hard to expand the Disabled Children Register and its usage. We now have nearly 500 families on the register and we hope to provide a wider variety of information for you and your family.

I have linked in with Health, Education, Early Years Services, Extended Schools, Aiming High for Disabled Children and local private and voluntary groups and services to bring you as much up to date information as we can.

The newsletter will go out twice a year, in June and December. Providing you with information about new groups and services. We will include information about events and activities happening in the coming holiday that is relevant to disabled children and their families. If we receive information that we feel would be really useful for those on the register we may send out a leaflet in between these dates.

If you would like to see anything different in the newsletter or you would like to write something for the newsletter or you know of a group or service that you think others may benefit from then we would like to hear from you. Please contact Dawn Cole or Alice Davies-Avery on 903 8250 or by e-mail on Alice.davies-avery@bristol.gov.uk or Dawn.cole@bristol.gov.uk.

We hope that this 10th issue of the Disabled Children Register Network News is interesting and useful to you and we hope you have a good summer.

Many thanks
Alice and Dawn

Community Care Update

Here are some photos of a recent Youth Group visit to a police station.





Ice Sledging Sessions in 2010

These sessions are held once a month on Sundays at The Bristol Ice Rink, Frogmore Street, Bristol, from 7.15 p.m. - 8.15 p.m. Wheelchair access is at the rear of the building on Culver Street. All sessions are open to disabled people and their immediate family. The dates are as follows:

July 11th 2010
August 8th 2010
September 12th 2010
October 10th 2010
November 14th 2010
December 5th 2010

For further details contact:

Alan Kingscott - 0117 942 7246 or Ian Kingscott - 0117 300 5977

FATHER/MALE CARERS GROUP



Are you a Father or male carer who has a disabled child?



Looking to meet other Dad's/carers in your area? Or just to have a chat with an experienced worker?

We run a group every Tuesday morning during school term time from 10.00-12.00 at Lawrence Weston Youth Centre, Long Cross.



Come and enjoy a fry-up breakfast on us every Tuesday morning! There are pool tables, an outside tennis/football court, Internet access and the chance to meet other people as well as experienced adults who work with disabled children.



***Sessions are free and children are welcome!
For more information please call:
0117 9142244 or 0117 3534092***



Duncan, Debbie & Lyndsay look forward to meeting you!





Does your child like to get messy?



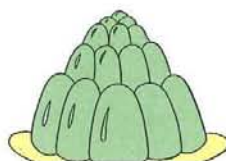
Then come and get messy with us
Tuesday Morning from 10 - 12pm



If you have a disabled child and you would like somewhere to go with them or their siblings then come and see us at the Bush, 12 New Fosseway Road, BS14 9LN.



For further information, please
call 0117 9142244 or 0117 3534092



Coffee Morning!



Do you have a disabled child?
Come join us for a chat
and a cup of coffee!

At Lawrence Weston Youth centre-
Long Cross - every Monday morning
during term time from 10:00 am - 12 noon

Meet other parents, talk to
experienced adults who work with
disabled children and have a bit of
time to yourself!

We look forward to seeing you there!

Any questions please call
0117 9142244 or 0117 3534092

DCATCH

The government has provided all local authorities with funding in 2010-11, to support implementation of new working practices developed under the Disabled Children's Access to Childcare (DCATCH) pilots, which are part of the Aiming High for Disabled Children Programme.

Information about the DCATCH Programme is available on the Every Child Matters website <http://www.dcsf.gov.uk/everychildmatters/>

The Aiming High Project Board agreed that the Early Years and Childcare Service would take the lead for the DCATCH Project on behalf of the Local Authority in Bristol.

The DCATCH project in Bristol will focus on *'Increasing capacity, inclusion and improving quality'*. A working group will develop a standard Inclusion Induction Training Programme for Early Years Practitioners, and design training for an identified practitioner in each Early Years setting to provide a basic level of training around supporting children with additional needs for all staff during their induction. The aim is to increase parent's confidence in their Early Years setting in ensuring their children are able to reach their full potential.

This project will support the confidence of practitioners to ensure that all children with additional needs are included in the setting, and aims to provide practitioners with the knowledge and skills to ensure the appropriate support and services are accessed and implemented for children.

The aspiration is to develop an Inclusion Induction Programme that could, in the future, be rolled out to all provision that provides day care for children of all ages.

For more information contact: Rachael Suller (Early Years Project Officer for Inclusion)
email: rachael.suller@bristol.gov.uk or telephone: 0117 903 9981

Action for Children

Action for Children are working in partnership with Bristol Council (funded through Aiming High For Disabled Children) to provide holiday experiences for Disabled children and young people. This is a new service that will aim to give short breaks to those who have had difficulties accessing these types of activities in the past. The aim is to provide a fun and rewarding experience with positive outcomes. There will be no cost to parents for the provision of this service.

The service will offer children a range of safe, stimulating and fun activities in mixed groups in a range of holiday locations in the United Kingdom. Holidays will be three nights in duration, we aim to provide four residential holidays, each holiday will be planned for five young people.

The project will be led by experienced staff with knowledge of key issues and needs of disabled children. There will be a planned process of getting to know each child and their families. We will consult with families and carer's to gather information to form clear care plans and risk assessments prior to the holiday.

Action for Children has worked with disabled children and their families in Gloucestershire for 35 years. We understand the challenges families can sometimes face. We will help you to overcome them- we are on your side.

There are two holiday breaks planned with the Calvert Trust in Exmoor.

The first holiday is planned for Friday the 13th until Monday the 16th of August 2010. The breaks at the Calvert Trust include a structured programme of activities and use of the accessible swimming pool, Jacuzzi and steam room. The second holiday is planned for Friday the 29th of October to Monday 1st of November, A Spooky Weekend with two days of activities Plus Freaky film night, spooky Fancy Dress Disco and Scary Creepy quiz!

If you would like to apply to take part in this exciting opportunity, Action for Children would love to hear from you!

Please contact: Beth Lord, The Meadows, Meadow Lane West, Dudbridge, Stroud,
Gloucestershire GL5 5JR Telephone: 01453 750421

The Transitions Information Project (TIP's)

**Transitions is all about change, growing up
and becoming an adult**

Are you aged between 13 and 25 years and want to know more
about your local community?



TIP's is an information and advice service for young people with
learning difficulties and disabilities **and** their parents or carers.

My name is Matt and I am the
Information Worker for TIP's. I
can help you link up with services
in the community and find the
support that you need.



**Hi
I am
Matt**

Contact TIP's for information:



Telephone:
0117 377 3686



Email:
Matthew.Miller@bristol.gov.uk

Bridging the Gap

Whether it's fun, serious, polite or mischievous, all children and young people love to play! It's how they connect with the world around them and how they learn to value themselves as others.

The Inclusive Play Project has recently recruited three part time project workers to provide a city wide 'bridging service' between disabled children and their families and potentially inclusive play settings.

The 'Bridging Workers' role is to support and provide information about play opportunities to disabled children and their families, link individual disabled children and families to appropriate local play settings, and to work with settings to enable them to develop their inclusive practice and meet children's specific requirements.

As part of this bridging service there may be limited funding available for whatever individual disabled children or settings may need to enable inclusion (eg; short term transition support, equipment, resources, training, transport).

To find out more about the Bridging Workers or any of these services, please contact:

Suzanne Brown, Alice Cranston, or Jayne Taylor
inclusiveplayproject@bristol.gov.uk
Avonquay, Cumberland Basin, Bristol, BS1 6XL



Cycling project helps disabled people aim high

A new cycling project for disabled adults and children is set to launch this summer after the city council signed a deal with a national cycle charity, Cycling Projects.

Greater Bristol's Cycling City programme and the council's Aiming High for Disabled Children programme are launching the All Abilities project to make cycling more accessible to those people who find it difficult to ride standard bicycles.

The charity organisation Cycling Projects has been commissioned to set up an all-inclusive cycling project, catering especially for young people with a range of physical and mental health difficulties.

A comprehensive range of adapted cycles will be available, catering for the needs of a large majority of service users. The project is expected to launch for children in early summer, with the service being available to adults by the end of 2010.

The All Abilities project is just one of a number of projects commissioned by the Cycling City team to help double the numbers of cyclists in certain areas across Bristol and South Gloucestershire.

Aiming High for Disabled Children is the government's transformation programme for disabled children and young people. A key focus of this programme is to provide more and better quality short breaks, with a particular focus on those with the most complex needs, through the provision of services and the purchase of specialist equipment.

Mark Hamilton, Planning & Development Manager: Complex Needs for Aiming High at Bristol City Council said:

"This project is a great example of council departments working together, in partnership to achieve common, sustainable and improved outcomes for disabled children, young people and families.

"It's appropriate that cycling in the city is as accessible and inclusive as possible. This project ensures that disabled children and young people can use these bikes to cycle and have fun for years to come."



Let's All Play Sessions

Lets All Play is a new inclusive play project run by Bristol Playbus in partnership with Bristol City Council's Play Service and Disabled Children Service and funded by Aiming High for Disabled Children.

Whether it is fun or serious, polite or mischievous, all children and young people love and need to play. It's how they connect with the world around them and how they learn to value themselves and others.

Playbus want to ensure disabled children and their families experience some of the best opportunities to play at Bristol City Council's unique adventure playgrounds.

Between us, our experienced playworkers have worked with children in a wide range of settings. Our friendly, adaptable approach will ensure everyone feels welcome.

Let's All Play sessions will provide children with the opportunity to explore the wonderful world of adventure play and direct their own freely chosen play. A range of playful activities including music, cooking, arts and crafts will also be on offer.

- Time for your child to have fun and meet new friends.
- Time for all of the family's children aged 5-15 to play.
- Time for you to have a break.

Play Sessions are free to all children and young people aged 5-15 years.

Parents and carers are also welcome to stay and play or come back later if your child is happy for you to leave them.

All children are welcome to come along to any adventure playground session. However, during 'Let's All Play' sessions additional playworkers will be available to ensure we are able to meet all children's specific requirements.

Your child will need to bring refreshments, lunch and money for any snacks that they may like to buy.

There is no need to book but please contact us if you would like further information about the sessions or to discuss your child's particular needs.

St Paul's APG - 0117 954 2145

Saturdays 12.00 – 4.00pm

22nd May 2010

26th June 2010

17th July 2010

School Holidays: Every Friday 9.30 – 1.00

Windmill Hill APG - 0117 963 3241

Saturdays 12.00 – 4.00

12th June 2010

3rd July 2010

24th July 2010

School Holidays: Every Thursday 11.00 – 3.00

Lockleaze APG - 0117 979 8311

Sundays 2.30 – 6.30

27th June 2010

11th July 2010

School Holidays: Every Wednesday 10.00 – 2.00

Southmead APG - 0117 950 3607

Saturdays 2.00 – 5.45

19th June 2010

10th June 2010

School Holidays: Every Tuesday 10.00 – 2.00

Felix Road APG - 0117 955 1265

Sundays 1.30 – 5.30

16th May 2010

6th June 2010

20th June 2010

4th July 2010

18th July 2010

School Holidays: Every Monday 9.30 – 1.30

Also see: www.goplacestoplay.org.uk

KHAAS Activities

Khaas summer holiday playscheme starting on Monday 26th July for 4 weeks. Programmes available from Khaas office. These will be sent to regular attendees to the play scheme.

Monday

Quran Class: 10am to 11am

Keep fit: 11am to 12.00pm

Massage and aromatherapy: 12.00 to 2pm

Wednesday

Sewing group 10.30am to 3pm

Thursday

Benefit advice, when required.

Mehndi Course

Starting on 14th May for 6 weeks. 10.30am to 12.30pm at St Werburgh's Community Centre.

Carers Day

Tuesday 15th June 2010 at St Werburgh's Community Centre

Family Trips for the Summer

Drayton Manor Theme Park/Zoo

Saturday 24th July 2010

Butlins, Minehead

Friday 30th of July 2010

Play Day, College Green

Tropiquaria, Somerset

Thursday 5th August 2010

Thorpe Park Theme Park

Saturday 7th August 2010

Driving Theory Course

Starting in September 2010 10.30am to 12.30pm

at St Werburgh's Community Centre

For further information on availability, booking and ticket prices please contact:

Khaas office on 0117 955 4070 or Email khaas_bristol@yahoo.co.uk

Children, Young People & Skills, Youth & Play Services Disabled Young People's Team

Promoting diversity through inclusive services for disabled young people

We provide a range of positive activities in safe meeting places to enable young people to have fun and develop personally and socially. These include:

- Pool
- Table tennis
- Climbing
- Music
- Nail painting
- Hair and beauty
- Sports
- Arts and crafts
- Computing
- Dance
- Short Courses
- Trips
- Residential

Hareclive Youth Centre

Moxham Drive, Hartcliffe, Bristol BS13 0HP Tel: 0117 903 8017

Thursday 7-9 p.m.

Out & About

Saturdays 10 a.m. to 4 p.m. (monthly)

Dates of Saturday's opening:

24.07.2010	14.08.2010	18.09.2010	09.10.2010
13.11.2010	04.12.2010	29.01.2011	19.02.2011
26.03.2011			

Open Spaces, The Mill

Lower Ashley Road, Easton, Bristol BS5 0YZ Tel: 0117 951 0188

Tuesday 7-9 p.m.

Out & About

Saturdays 10 a.m. - 4 p.m. (monthly)

Dates of Saturday's opening:

03.07.2010	31.07.2010	28.08.2010	25.09.2010
06.10.2010	20.11.2010	11.12.2010	15.01.2011
05.02.2011	12.03.2011		

Southmead Youth Centre

Greystoke Avenue, Southmead, Bristol BS10 6AS Tel: 0117 377 3605

Wednesday 7 p.m. - 9 p.m.

Out & About

Saturdays 10 a.m. - 4 p.m. (monthly)

Dates of Saturday's opening:

10.07.2010	07.08.2010	11.09.2010	02.10.2010
06.11.2010	27.11.2010	18.12.2010	23.01.2011
12.02.2011	19.03.2011		

For more information contact:

Eva Fielding-Jackson - Senior Youth & Community Worker or James Saoulis
Brentry Lodge Youth Centre, Machine Road, Henbury, Bristol BS10 7HQ
Tel: 0117 377 3675 Fax: 0117 377 3654 E-mail: brlsef@bristol.gov.uk

Free training on supporting disabled children and young people in Bristol

As part of the Aiming High for Disabled Children programme, Bristol City Council have commissioned Shared Care Network to deliver a range of training opportunities to support those who support disabled children in the city.

The training is free to access and is open to:

- Parents (and immediate family members) of disabled children
- Personal Assistants for disabled children funded through Direct Payments
- Workers from specialist disabled children's teams in Bristol
- Those in mainstream and 'inclusive' settings who are offering support to disabled children as part of the Aiming High programme

A range of courses are available from induction level to more advanced. Most are running at least twice in different venues in the City.

Please see overleaf for details of many of the courses on offer and contact Adam Hignell on 0117 941 5361 or adam.hignell@sharedcarenetwork.org.uk to find out more or reserve your place.



Shared Care Network
The Short Breaks Charity



Registered charity number 1104216
Shared Care Network is a Limited Company registered in
England and Wales Co. no. 5083359

Courses currently available to book:

Places are limited to 15 per course and must be booked and confirmed in advance.

Course	Dates	Venue
Working with Disabled Children (An induction)	14 July 2010 29 September 2010 09 October 2010 15 December 2010	Easton Business Centre Engineers House, Clifton Vassall Centre, Fishponds Engineers House, Clifton
Difficult Moments in Autism	29 June 2010 11 December 2010	Engineers House, Clifton Vassall Centre, Fishponds
Working with Emerging Sexuality	13 July 2010 01 December 2010	Vassall Centre, Fishponds Engineers House, Clifton
Communication Approaches with Young People with Autism	21 July 2010 22 October 2010	Vassall Centre, Fishponds Engineers House, Clifton
Safeguarding Disabled Children	08 September 2010 22 November 2010	Engineers House, Clifton Vassall Centre, Fishponds
Adolescence, Asperger Syndrome and Autism	16 September 2010 25 January 2011	Engineers House, Clifton Vassall Centre, Fishponds
Practical Skills in Supporting Young People with Autism	17 September 2010 13 November 2010	Vassall Centre, Fishponds Vassall Centre, Fishponds
Communication Skills with Disabled Children	22 September 2010 29 January 2011	Vassall Centre, Fishponds Engineers House, Clifton
Play & Leisure Activities with Disabled Children	25 September 2010 08 December 2010	Vassall Centre, Fishponds Vassall Centre, Fishponds
Positive Life Planning for Young People with Autism	30 September 2010 10 February 2011	Vassall Centre, Fishponds Engineers House, Clifton
Participation Skills for Parents (2 day course)	12th & 13th October 2010	Engineers House, Clifton
Building Partnerships	14 October 2010 18 January 2011	Engineers House, Clifton Vassall Centre, Fishponds
Positive Interventions	26 October 2010 19 February 2011	Engineers House, Clifton Vassall Centre, Fishponds
How Sensory Issues Affect Young People with Autism	12 November 2010	Easton Business Centre
Training Skills for Parents (2 day course)	19th & 20th January 2011	Engineers House, Clifton

Did you know? Information for deaf people in Bristol

Your right to interpreters

As a deaf person you are entitled to ask for and get a BSL interpreter when you need a service or job interview.

In-house BSL Interpreter Service

You can ask for BSL interpreters for any council services. You can ask the council officers who deal with you to book BSL interpreters, and the council will find you one or you could contact our BSL in-house interpreter, Amy Jenkins.

Address: Room U16, The Council House, College Green, Bristol BS1 5TR

Tel: 0117 903 6400

SMS: 0779 544 5763

Textphone: 0117 357 4444

E-mail: amy.jenkins@bristol.gov.uk

80999 Emergency Text Service

If you need to contact emergency services, you can contact them by 80999. It only works in south-west of England, but there is a new national 999 emergency text, but you will need to register first by going to www.emergencysms.co.uk.

Non-emergency Text Service

You can text Avon and Somerset Police in a non-emergency on 81003 once you have registered, you can do this online at www.avonandsomerset.police.uk/contact/plod/register/index.aspx.

You can see BSL video about PLOD at www.avonandsomerset.police.uk/contact/plod/index.aspx.

Reporting Harassment or Discrimination

Harassment www.bristol.gov.uk/harassment or report to Phoenix Court.

Discrimination Avon and Bristol Law Centre. If you want to see legal advice on Discrimination you could contact:

Avon Bristol Law Centre

Address: 2 Moon Street, Stokes Croft, Bristol BS2 8QE

Typetalk: 18001 0117 9248662

Fax: 0117 924 8020

Minicom: 0117 924 5573

E-mail: mail@abl.org.uk

Avon Fire and Rescue Service

If you want to see fire safety information on BSL, please go to www.avonfire.gov.uk/avon/your+safety/deaf+community+fire+safety/

If you want them to help with flashing or vibrating fire alarm you can contact them at:

Address: Avon Fire & Rescue Service Headquarters, Temple Back, Bristol BS1 6EU

Typetalk: 08001 0117 926 2908

Fax: 0117 929 2909

Deaf Equality Officers

Bristol City Council have Deaf Equality Officers who can help you if you feel the local services are not fair to deaf people. You can talk to Iain Sutherland or Carolyn Nabarro.

Address: Room U16, The Council House, College Green, Bristol BS1 5TR

E-mail: iain.sutherland@bristol.gov.uk or carolyn.nabarro@bristol.gov.uk

Textphone: 0117 357 4444

Videophone: IP 193.35.243.102

Web: www.bristol.gov.uk/equality

Once a month meet Deaf Equalities Officers at the Deaf Centre to discuss any issues. Dates to be confirmed.

BSL Charter

Bristol City Council has agreed to the British Deaf Association's BSL Charter in 2003. We have agreed to work towards achieving all 5 pledges.

1. Improve access for deaf people to local services and information.
2. Promote learning and high quality teaching of British Sign Language.
3. Give all deaf children the option of a bilingual education (BSL/English).
4. Ensure key staff working with deaf people meet minimum standard of BSL skills.
5. Consult with our local deaf community on a regular basis.

If you want to discuss the council's efforts regarding the BSL charter please contact the Deaf Equality Officer, Iain Sutherland or Carolyn Nabarro.

BSL Forum

BSL Forum is a group of deaf people who get together and talk about improving Council's services for deaf people in Bristol. If you are interested in taking part please contact the Deaf Equality Officer, Ian Sutherland or Carolyn Nabarro.

Phoenix Court's BSL Video Interpreting Access

If you want to talk in BSL and would like to talk to council about:

- Household waste and street maintenance
- Council Housing
- Housing benefit and council tax benefit
- Home Choice Bristol
- Pest Control and dog wardens, pollution and public safety
- Concessionary travelcards, disabled and residents parking
- Care Direct
- Register Office
- Council Tax
- Business Rates
- Planning and Building Regulations.

You now can talk to them using video interpreting at Phoenix Court at any time. Just turn up and request for video interpreter.

You can visit customer services shop on the Bond Street opposite the Cabot Circus shopping centre. Phoenix Court, Bond Street South, Bristol BS1 3PH.

Minicom

If you have a minicom, and you want to contact council, you can use this number as shown below. It can receive calls about most council services. 0117 357 4444.

Work for Bristol City Council

If you would like to work for Bristol City Council, you can visit the website to see if there are any jobs you would like to apply for. You can ask the staff working there to book an interpreter to help you complete the job application form.

E-mail: recruitment@bristol.gov.uk

Web: www.bristol.gov.uk/jobs

Access to Work

You can apply for extra support in your job, it would mean BSL interpreters, extra equipment, notetakers, and many more. If you are looking for job, and trying to find out what kind of help you could receive, for more information go to www.direct.gov.uk.

Local contacts for Access to Work:

Jobcentre Plus, Access to Work Operational Support Unit, Alexandra House, 377 Cowbridge Road East, Cardiff CF5 1WU

Tel: 02920 423291

Textphone: 02920 644886

Fax: 02920 423342

E-mail: atwosu.cardiff@jobcentreplus.gsi.gov.uk

BSL Video Website

If you want to see information in BSL, please go to this website: www.bristol.gov.uk/item/bsl/

There is over 130 BSL videos on the council website, including how to recycle properly or how to apply for a council home.

Centre for Deaf People Bristol

There are various social clubs and events you can get involved in at the centre for deaf people, for example:

- 50 Plus club
- Youth club
- Hard of hearing club
- Sign language class
- Bristol Deaf Church
- Sport and social events
- And more

Address: Centre for Deaf Bristol at 16-18 King Square, Bristol BS2 8JL

E-mail: office@centrefordeaf.org.uk

Deaf Youth Service

If you would like to know more about youth services for deaf people, please contact Ian Glover from Centre for Deaf People at Bristol.

You can contact them at:

E-mail: ianglover@centrefordeaf.org.uk

Address: Centre for Deaf Bristol, 16-18 King Square, Bristol BS2 8JL

Environmental Equipment Service

This service is for deaf people who can apply for equipment that can help them at home such as pager systems, portable doorbell, vibrating alarms, text telephone and many more. You can apply for free assessments, and they can assess if you are eligible for the equipment.

Address: Centre for Deaf Bristol, 16-18 King Square, Bristol BS2 8JL

Minicom: 0117 944 1344

Fax: 0117 924 4884

E-mail: office@centrefordeaf.org.uk

Home Choice Bristol

You can use this scheme to find somewhere to live. If you join the scheme, you could be allocated points that you can use to bid for properties through various options such as online, SMS, newspaper

advert, telephone etc.

To find out more information watch BSL videos on HomeChoice Bristol which can be found on www.bristol.gov.uk/item/bsl

Write to: Rehousing Services (FHO), PO Box 595, Bristol BS99 2AW

E-mail: rehousing.enquiry@bristol.gov.uk

Web: www.homechoicebristol.org.uk

In person: Phoenix Court Customer Service Point, Bond Street South, Bristol BS1 3PH

Welfare Rights and Money Advice Service (WRAMAS)

It is a benefit and money advice service, which has some staff members who have learned to sign and are trained at advising on your benefits rights and money. You can make an appointment with their adviser who can sign or you can request BSL interpreters. For more information please contact WRAMAS at:

Address: 4 York Court, Wilder Street, Bristol BS2 8QH

E-mail: welfarerights@bristol.gov.uk or money.advice@bristol.gov.uk

SMS: 07905 758146

Minicom: 0117 377 2879

Bristol Libraries

Some libraries in Bristol can provide you with free internet access, you need to book a time and date to use the computer. Also they will allow people to borrow books and DVDs (most have subtitles). To find out which library can provide this go to www.bristol.gov.uk.

Disabled Bus Pass

You can apply for a Disabled Bus Pass, which allows you to travel around Bristol by bus for free after 9 a.m. For more information, go to Phoenix Court and ask for a bus pass application form, or you can download it from the Bristol City Council website.

Address: Phoenix Court, Bond Street South, Bristol BS1 3PH

E-mail: public.transport@bristol.gov.uk

Disabled Railcard

You can apply for discounts on train fares. You can pick up application forms at any major train station or go to www.disabledpersons-railcards.co.uk.

Blue Badge

If you can't walk far you can apply for a blue badge which allows you to park in disabled car spaces. For more information and application forms go to Phoenix Court Customer Services, Bond Street South, Bristol BS1 6TB. Or you could e-mail parking.services@bristol.gov.uk.

Dial-a-Ride

If you can't walk far there is an accessible bus service which allows you to be picked up from your door to your chosen location. For more information go to:

Web: www.bristoldialaride.org.uk

E-mail: admin@bristoldialaride.org.uk

Typetalk: 18001 0845 130 1875

Address: The Vassall Centre, Gill Avenue, Fishponds, Bristol BS16 2QQ

Text for Bus Time

In some bus shelters, you can see a number to text, to find out about your next bus or you could go to www.traveline.info/onmove which can tell you how to find specific code for your local bus stop so that you can text for time of your next bus.

Text Relay Services

Many other services might not have minicom numbers, but you still can contact them by using text relay services. First you need to put number 18001 then add your numbers you want to call. For more information please look at www.textrelay.org.

Family Centre

This organisation is led by the parents of deaf children and is aimed at helping all families with deaf children in Avon. They organise various support and events for families with deaf children.

Web: www.fcdc.org.uk.

E-mail: office@fcdc.org.uk

Minicom: 01454 315405

Address: The Family Centre (Deaf Children), Elmfield School, Greystoke Avenue, Westbury on Trym, Bristol BS10 6AY

The Sensory Support Service for Deaf Children

When deaf children are diagnosed as deaf or hearing impaired, families and children may be offered various support and services offered from sensory support services. If you want more information about this service please contact:

Address: Elmfield House, Greystoke Avenue, Westbury on Trym, Bristol BS10 6AY

SMS: 0781 050 6669

Fax: 0117 903 8440

Typetalk: 18001 0117 903 8442

Elmfield School for Deaf Children

They have a primary and secondary school where deaf children can attend. For more information please contact:

Primary: Greystoke Avenue, Westbury-on-Trym, Bristol BS10 6AY

Secondary: Allfoxton Road, Horfield, Bristol BS7 9NL

E-mail: info@elmfield.bristol.sch.uk

City of Bristol College

Any courses from City of Bristol College can provide extra support for deaf students. If you want to know more about what type of support is available, please contact:

E-mail: study.support@cityofbristol.ac.uk

Minicom: 0117 312 5503

Typetalk: 18001 0117 312 5186

SMS: 0782 449 8790

Social Care Services

If you want to talk to social workers in BSL about social care, please contact:

- Health & Social Care, Sensory Impairment Team

Address: Centre for Deaf People, 16-18 King Square, Bristol BS2 8JL

Fax: 0117 903 1059

Minicom: 0117 353 2412

Typetalk: 18001 0117 953 2401

E-mail: sensory.impairment@bristol.gov.uk

If you are a deaf child or parent or responsible for deaf children:

- Disabled Children Service, you can get access to a native BSL social worker, and range of supports.

Address: 5 Knowle West Health Park, Downton Road, Knowle, Bristol BS4 1WH

Fax: 0117 903 8254
Minicom: 0117 903 8255
Typetalk: 08001 0117 903 8250

Sensory Support Services

If you are deaf or deafblind and you need housing related advice or support. They also run Buckley Court, which is a supported living scheme for deaf adults.

For more information please contact:

Address: RNIB, 10 Still House Lane, Bedminster, Bristol BS3 4EB
SMS: 0777 569 5434
Fax: 0117 914 1442
Minicom: 0117 914 1443
Typetalk: 18001 0117 914 1440

Deaf Mental Health Services

This is a service for deaf people with mental or emotional distress needs. If you want to be referred to the team that can communicate with deaf people, please contact them for information on how to be referred.

Address: Brookland Hall, Conduit Place, St Werburghs, Bristol BS2 9RU
Tel: 0117 955 6098
Fax: 0117 954 1954
Minicom: 0117 954 0906
Please ask for the Deaf Mental Health Team.

RAD Legal Services

If you would like to get some legal advice in BSL, you can contact them in BSL by using video chat. You will only need internet and webcam with computer to be able to sign with them. They offer advice in legal, welfare benefits, housing, employment and debt issues. Please go to www.radlegalservices.org.uk.

Police Links Officer for Deaf (PLOD)

They have some BSL-trained Police Officers who can communicate with deaf people. If you would like to contact them go to ww.avonandsomerset.police.uk/contact/plod/

NHS Services in Bristol

- GP

Your local GP can give you health checks and health advice. You can ask them to book BSL interpreter or you could ask them to join sign translate.

- PALS (Patients Advice Liaison Service)

PALS are here to help when you need advice, have concerns, or have a question, but don't know who to ask.

North Bristol NHS

E-mail: pals@nbt.uk
Typetalk: 08001 0117 9186646

University Hospital Bristol NHS

E-mail: pals@uhbristol.nhs.uk
Typetalk: 18001 0117 342 3705

Health Deaf Mind Talks

If you want to know more about health issues, you can go to Health Deaf Mind Talks which is organised a few times a year at Centre for Deaf People Bristol. If you want to know more, please contact same address as Deaf Mental Health Service.

Stop Smoking

We provide a stop smoking service to all smokers wanting to quit. You can access help through your GP Practice, a local pharmacy, or dentist or stop smoking service. You can choose to attend a group or one to one session.

If you need an interpreter please ask the service to book the interpreter. You can bring a friend or relative to support you in any of the meetings.

- NHS Bristol Stop Smoking Service

E-mail: info@bristolstopsmoking.nhs.uk

Typetalk: 18001 0117 984 1650

Website: www.bristolstopsmoking.nhs.uk

Alcohol

If you are concerned that you may have a problem with drinking too much alcohol you can:

- Talk to your GP
- Use NHS website: www.drinking.nhs.uk
- Drinkline minicom (national helpline): 0800 027 4114

If you are concerned about someone, you can get support from AL-ANON:

Web: www.al-anon.org.uk

E-mail: enquiries@al-anon.org.uk

Health Trainers

If you want to improve your health you can work with a Health Trainer, these are specially trained advisors who can provide lifestyle support. You can ask for BSL interpreters.

Web: www.bristolhealthtrainers.co.uk

Sign Translate

If you want to talk to your GP/doctor, you can use a video interpreter which means you can use BSL to communicate with your local doctor. You will need to ask your local GP to contact Sign Translate service so they can set up at your local GP's computer to allow you to use BSL interpreter at anytime when you meet your GP. Please look at this website www.signtranslate.com

Facebook

If you use facebook, you can add friend with Bristol Deaf-Equality. You can get some information on upcoming events from Bristol City Council. There is some groups you can join in such as:

- Centre for Deaf People-Bristol
- Family Centre (Deaf Children)
- Bristol Deaf Community

Local Cinema with Subtitles

If you go to the website www.yourlocalcinema.co.uk, it will regularly update all local cinema shows in the UK with subtitles. If you subscribed to their e-mail notification, you can get weekly lists of films with subtitles.

Families in Touch

Families in Touch work with families from the Bristol area, who have children with special needs and disabilities, either physical, emotional, social or behavioural. Families with a disabled child (or children) often feel isolated, even more so if you are a lone parent. The aim of Families in Touch is to help relieve the stress and isolation. There are enormous benefits to be derived through the informal contact of other people, who are either in the same situation or experiencing similar problems, rather than meeting them through statutory avenues for the social, medical or educational needs of their disabled child or children. On a practical level we provide:

Playday's

These are held every Monday and Friday during all school holiday's (except Bank Holiday's), for the disabled children and their siblings, so creating an integrated environment which is particularly valuable to children who may attend special schools. Qualified play leaders and volunteers help the children with activities. Parents may accompany their children or if preferred leave them.

Outings

We arrange visits every Wednesday to various venues during school holidays for all family members. Enabling social inclusion and enjoyment at a subsidised cost.

School Term Activities

During the school term we have many social family activities i.e. theatre trips, disco's, shopping trips and social functions. We also hold various fundraising activities i.e. sponsored walks, disco's and table top sales etc.

Membership

There is an annual membership fee £20 per family, this ensures that each family is registered and receives newsletters quarterly, plus any other relevant information from the management committee or co-ordinators.

Newsletters

We publish a quarterly newsletter informing parents of forthcoming activities and articles on disability or special needs in general. It is distributed to other groups and organisations in the statutory and voluntary sectors, enabling information to be shared and providing a basis for multi-agency approach.

Coffee Mornings

These are held once a month offering an opportunity for parents/carer's to meet informally to share advice, information and problems. Parents are also encouraged to be involved with the groups activity planning.

Volunteers

Most of our volunteers are from the local community, some are teenagers who are gaining many specialist skills that will benefit them in their future career's as well as open their minds to disability and equality issues.

Many of the teenage members of the group (some with various disabilities and special needs themselves) are also training as volunteers with the support of their peers and other workers within the project giving them greater access to specific training schedules and social inclusion.

Support

Families in Touch can offer support through the different times of diagnosis, medical, educational and DDA tribunals.

For further information contact: Gina Fletcher or Beverley Wyld
Beachley Walk Centre, Beachley Walk, Old Barrow Hill, Shirehampton, Bristol BS11 9PU
Tel: 0117 982 0584 E-mail: family001@btconnect.com

Carers Breaks Demonstrator Sites

Bristol Carers Strategy Partnership has been awarded eighteen months funding by the Department of Health to act as a 'Carers Breaks Demonstrator Site'. The Demonstrator Sites pilot will allow carers to identify the outcome they want from a break and give them choice and flexibility around what their break will be. Examples of breaks may be: a session at a relaxation centre, music lessons or a chance to catch up with friends. The pilot intends to reach and address the needs of all carers, adult carers of adults in any situation, parents of disabled children and also young carers, with a focus on a 'whole family approach'.

There are three demonstrator site pilot areas in Bristol: Southmead/Horfield, Lawrence Hill/Easton and Hartcliffe.

Many agencies are involved in the delivery of these exciting new pilot schemes: Health and Social Care, NHS Bristol, Children and Young People's Services, voluntary sector organisations such as ReThink, Bristol Black Carers, Dhek Bhal, Princess Royal Trust for Carers, and Bristol and Avon Chinese Womens Group.

Services currently available

Free Health Checks – 30 minute appointments with basic health check and an opportunity for the carer to talk about his/her caring situation. A break can be prescribed as a result. These are already running from Horfield Health Centre, Greenway Community Practice and Lawrence Hill Health Centre.

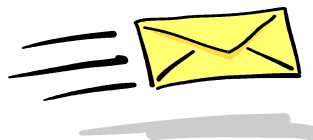
Breaks assessment and facilitation service – voluntary organisations are piloting new ways of working with carers to assess and help to provide carers with outcome-focused breaks such as access to dance classes, computers, gym equipment, courses of swimming lessons, art classes, massage and holistic therapies.

A 'Whole family service' - working in partnership with Barnardos we are able to offer a model of services that are flexible and able to support the whole family, for example in households with both disabled children and adults.

If you are working with someone who is a carer and they either live in the Pilot area or care for someone in the pilot area, you can refer them directly to the Project by emailing carers.breaks@bristol.gov.uk or telephoning 0117 9037939.

For carers registered at any of the participating practices, Health Checks can be accessed by booking an appointment direct with the practice.

E-mail



If you would like to receive information and copy of future newsletters via your e-mail please let us have your e-mail address. This is environmentally friendly, would help keep costs down and enable us to send more regular mailings to you.

Phone Dawn Cole on 0117 903 8250 or e-mail me at dawn.cole@bristol.gov.uk
Or write to Bristol Register of Disabled Children,
5 Knowle West Health Park, Downton Road, Knowle, Bristol BS4 1WH