

Disabled Children Network News

Children & Young People's Service - Edition 8

Summer 2009

From the Register of Disabled Children

Welcome to the 8th edition of our newsletter for disabled children. We hope this information is useful and that you all have a good Summer.

'Aye Aye Captain!' Community Care Youth Group outing to S.S. Great Britain.







A 45 minute all action creative music and movement session. Explore a different theme each half term with exciting fun and games. Your child's imagination and confidence will develop and thrive.

Benefits

- improve co-ordination and other motor skills
- increase their fitness
- increase blood flow and lung capacity
- develop listening skills
- understand rhythm and beat
- improve social skills
- have loads and loads of fun

Phone: 07899 921693
www.mmbopp.co.uk



Young&Free offers a social befriending service to young people between the ages of 18 to 30 yrs and aims to enable young physically and/or sensory disabled youngsters to build a social network of non-disabled friends. We are dedicated to social progress for all of our members and what is good for our members is good for the community and society as a whole. Our primary goal is to bring down the barriers of exclusion by supporting our members to develop friendships with non-disabled volunteers and we are determined to have a really good time in the process!

Although much progress has been made in society with access to public areas and facilities, we feel that there is still much work to be done in tackling access in the 'social sense' rather than in the 'physical sense'.

Young&Free is dedicated to opening up our community by encouraging and enrolling other young people to buddy up with our members. Volunteers find the experience very rewarding. They benefit by developing their interpersonal skills and re-evaluating their priorities by making themselves feel valued. Members get the support they need regarding some physical needs but the great advantage for both parties is the conversations they have, the interests they share, and the fun they have together. Getting together and making arrangements to meet for a coffee, go to the cinema or shopping, whatever comes to mind. Or simply hang out together and chat or go to the local for a drink. We also encourage active participation in the running of the charity both by members and volunteers. Twice monthly we organise group social events. These include; bowling, cinema, theatre, shows, concerts, meals out and day trips. Groups are made up of members and volunteers and events are free to attend. We merely ask for a £5 voluntary contribution from members for each event.

All of this contributes to our members' enjoyment of life and their development. Friendship is what Young&Free is all about!

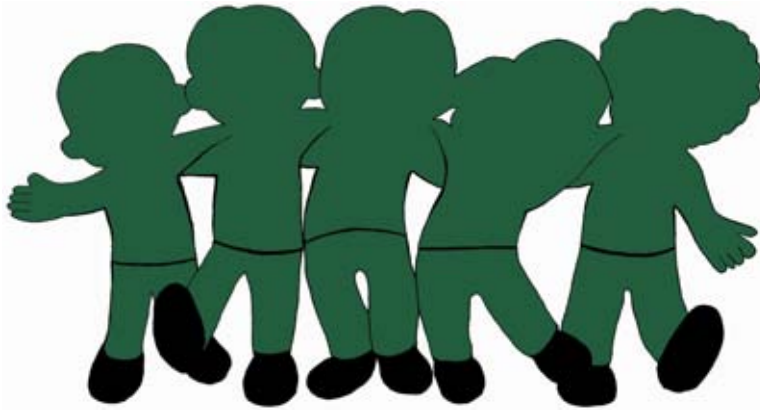
For further information please contact

Ligia Farrow - Project Coordinator on

Tel: 0777 6252320

E-mail: l.farrow@youngandfreecharity.org.uk
or visit our website www.youngandfreecharity.org.uk.

Bristol Autism Project



Supporting Families with a child or young person with a diagnosis of an Autistic Spectrum Disorder

Who are we:

In April 2008 Bristol Autism Project (age 5-18) and Bristol Collaborative Service Autism Project (5-19) amalgamated to become one Bristol Autism Project thus combining resources and offering families a central point of reference for advice, support, and information and to contribute to the establishment of a framework for the development of services and resources in Bristol, designed to meet the present and future needs of children and young people with an Autistic Spectrum Disorder.

Bristol Autism Project is funded by Bristol City Council, Children and Young People Services and is located within Disabled Children Resources.

What we offer:

Bristol Autism Project Inclusive Family School Holiday Activities:

- Organized during school holidays to enable the whole family to participate without fear of judgemental comments.
- Activities are fully accessible and include: Ten Pin Bowling, Sailing, Swimming, Cinema, Exclusive Play Sessions in different settings.
- Activities take place in safe, secure environments both in exclusive access sessions and in community based facilities.





- This increases social interaction, and reduces social isolation for the young person and their family.
- Parents and carers have opportunities to build formal and informal networks of support.
- Parents and young people are consulted to inform and direct the provision of service.
- Workers act as Advocates for and raise awareness of issues relating to children with ASD.

For more information on how to access this service parents/carers can contact Senior Project Worker - Leise Stephenson on:
Office: 0117 3534087
Mobile: 0779 5091085
E-mail: leise.stephenson@bristol.gov.uk

Bristol City Council's inclusive policy ensures disabled children and families have access to support from statutory and voluntary provision, which includes: Extended Schools, Play Services, Health, Education and Children and Young People Services.

Bristol Autism Project Family Support Work:

The focus of Family Work is to reduce the risk of family breakdown by specifically addressing the needs of families with a child who has a diagnosis of an Autistic Spectrum Disorder, whose behaviour is proving to be extremely challenging.

This support can ONLY be accessed by Social Work assessment and referral. For more information and advice contact the Duty Social Worker at The Disabled Children's Team 0117 9038250.

- Family work aims to work in partnership with young people and their families to address issues of concern to enable the young person to remain within the family home.
- We offer practical and emotional support and work in partnership with other agencies on behalf of the young person and family to achieve the best outcome.
- Offer advice and information on Autistic Spectrum Disorder and the impact on behaviour and information about organisations offering additional support.
- Provide one to one time with parent/carer advising on strategies for dealing with challenging behaviour.





- Advice on routine, and communication.
- One to one work with young person to address issues.
- Support young people to develop skills in social and leisure environments.
- Where possible set up specific group work to support young people with developing social skills, understanding emotions and personal safety.

For informal discussion contact: Senior Project Worker Mary Lewington on:

Office: 0117 9038250

Mobile: 0779 5091209

E-mail: mary.lewington@bristol.gov.uk

Autism Spectrum Disorder (ASD) affects 535,000 people in the UK. It is characterized by impairment in social interaction, communication and imagination. Anxiety is a key feature of people with ASD; this can lead to challenging behaviour and makes access to the wider community difficult. This in turn can lead to frustration and depression. This also leads to isolation of the child and family. ASD impacts on siblings as well as parents. Autism is a life-long disability.

To improve the quality of life for young people and their families, Bristol City Council is working to ensure all services are inclusive and parents, carers and young people are actively involved in the process to achieve better outcomes.





Sailing Club

at

Bristol Sailing School

*Baltic Wharf
Cumberland Road
Bristol, BS1 6X.*

on

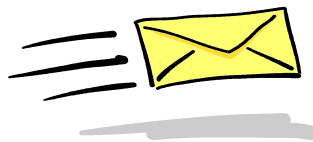
Tuesdays

4:00pm-6:00pm



To book a place contact Brain on 07917 594 949

E-mail



If you would like to receive information and copy of future newsletters via your e-mail please let us have your e-mail address. This is environmentally friendly, would help keep costs down and enable us to send more regular mailings to you.

Phone Dawn Cole on 0117 903 8250 or e-mail me at dawn.cole@bristol.gov.uk

Or write to Bristol Register of Disabled Children,
5 Knowle West Health Park, Downton Road, Knowle, Bristol BS4 1WH