

Walking for Health Bristol

**G
R
E
V
I
L
L
E

S
M
Y
T
H

P
A
R
K**

Come for a new **FREE** weekly led park walk

♥¹ Under 1 mile (less than 30 minutes)

♥² 1-2 miles (30 - 45 minutes)



♥¹ Walk No.1

Wednesdays ~ 10am



♥² Walk No.2

Wednesdays ~ 2pm



Both Starting Wednesday 30th March

Meet at park entrance on Ashton/Duckmoor Rd junction

Well behaved dogs on short leads welcome 

- Go at your own pace
- Have fun and meet new people
- Mainly paved, inclines & uneven ground

Contact: Mike Abnett, Park Keeper

☎: 078 1234 3854

