

Walking for Health Bristol

Ground rules



An agreement between Walking for Health Bristol and scheme participants.

Walking for Health Bristol management, staff and partners commit to running the scheme in a way that aims to:

1. Promote the enjoyment of all participants in Bristol health walks.
2. Adopt working practices which promote participant safety.
3. Involve participants and volunteers in the development of the scheme.
4. Maintain confidentiality.
5. Operate with due regard to equal opportunity principles and practice.

In return, as a participant I agree to:

1. Act in such a way that does not compromise the enjoyment or safety of others and respects the environment and those around me.
2. Maintain confidentiality with regard to personal information received.
3. Not behave in a way that causes harassment or is perceived as bullying.
4. Follow the walk leader's instructions, particularly in relation to my safety and that of others e.g. inform walk leader if I wish to leave a walk before completion.
5. Disclose information to the walk leader which could affect my own safety or that of others, e.g. change in my health status, effects any prescription drugs may have.
6. Avoid taking part under the influence of alcohol or drugs.
7. Act, or express opinions, which may be viewed as discriminatory or show prejudice against others.
(especially on the basis of gender, religion, sexuality, ethnicity, disability and age)

