

# On Track:

A gentle stroll suitable for people new to walking or recovering from illness / injury.



**Every Tuesday**

**12 – 12.30pm**

The walk starts and finishes at  
**Easton Community Centre**  
Kilburn Street, BS5



Less than one  
mile walk

Up to 30  
minutes

All abilities  
welcome



- ✓ Please wear suitable footwear and comfortable clothing.
- ✓ Bring waterproofs or an umbrella
- ✓ Bring some money for a cup of tea.



**For further information phone Morowa: 07789943146**