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| Year 9 | Lesson 4 Communication Online v Face-to-Face |
| Ground Rules | Slide of ground rules |
| Warm-up | <p>Introduction slide outlining communication types and the impact of online</p> <p>In Groups of 4:</p> <ul style="list-style-type: none"> • You had arranged to meet up with a friend but a couple of hours before, you receive a text message saying 'I'm sorry I can't make it as something else has come up' • Discuss and list the positive and negative ways in which you could interpret that message • What impact could this have on our mental health if we interpret this in a positive or negative way? <ul style="list-style-type: none"> • You have 5 minutes • Share these with the class <p>Feedback and Class discussion – include 'The text could be sent with', to demonstrate how online messages can be misinterpreted</p> <ul style="list-style-type: none"> • Teacher can record as appropriate |
| Lesson Aims | <p>Today we are going to - taken from the PSHE Association Curriculum Framework 2014 (updated 2017)</p> <ul style="list-style-type: none"> • Explore and further develop communication skills • Explore the differences between online and face-to-face communication and when it is appropriate to use these |
| Effective Communication | <p>Class Exercise:</p> <ul style="list-style-type: none"> • Why is effective communication important? <p>Feedback and Class discussion – include Communication, description plus what effective communication is and Effective Communication, benefits examples as part of the discussion</p> <ul style="list-style-type: none"> • Teacher can record as appropriate |
| 7c's Of Effective Communication | 7c's of Effective Communication, Completeness, Conciseness, Consideration, Clarity, Concreteness, Courtesy, Correctness – explanations of each and how they all support effective communication |
| Online And Face-To-Face Communication | <p>In Groups of 4:</p> <ul style="list-style-type: none"> • What are some of the advantages and disadvantages of online and face-to-face communication? • What positive and negatives impacts can this have on our mental health? |

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| | <p>Feedback and Class Discussion – use Online and face-to-face communication table, advantages and disadvantages of each to compare with groups feedback</p> <ul style="list-style-type: none"> • Teacher can record as appropriate <p>Online and face-to-face communication, both effective but difference is that feelings inform words</p> |
| <p>Application of the 7C's Exercise</p> | <p>In Pairs:</p> <p style="text-align: center;">You and your friends get this text message:</p> <p style="text-align: center;">‘Party at my house on Saturday, 7pm address is 64 Bristol Road’ David</p> <p>You turn up at 715pm - David answers the door and looks surprised to see you – he says:</p> <p>‘I wasn’t sure if you were coming’ - ‘You’ve turned up empty handed’</p> <p>You find out from others that it is David’s birthday</p> <p>You find out that the party is going on until 1130pm but have arranged to be picked up at 10pm</p> <ul style="list-style-type: none"> • How do you feel? • Which elements of the 7c’s were missing? • Design a text message that demonstrates effective communication of the event • Share with the class – a prize will be given to the best text message <p>Feedback and Class discussion</p> <ul style="list-style-type: none"> • Teacher can record as appropriate |
| <p>Help and Support</p> | <p>Where to go for any help and support and a handout listing organisations they can approach confidentially</p> <p>As School Nurses visit schools at different times and days, teachers need to ensure they cover their schools dates and accessibility rules in this section</p> <p>Teachers need to cover the ‘Your guide to children and young people’s emotional health services</p> |
| <p>Evaluation</p> | <p>Your reflection and feedback is important!</p> <ul style="list-style-type: none"> • Use ‘What I Learned Today’ evaluation form – students to complete these anonymously and hand them in for teacher to review and assess. |