



Bristol ROADS

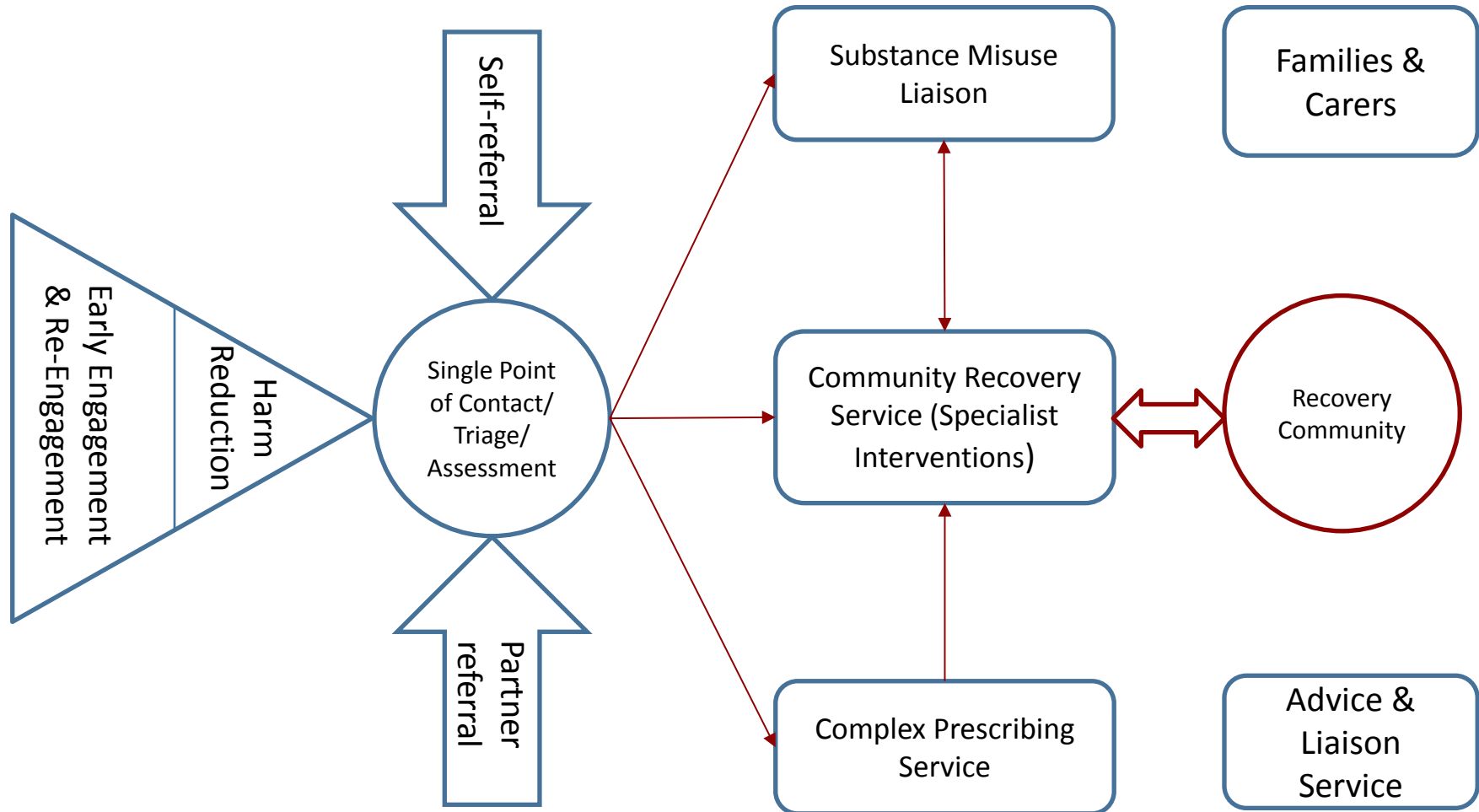
Recovery Orientated Alcohol & Drugs Service

Recommissioned Recovery Orientated Alcohol & Drugs Service

1st February 2018



ROADS delivery model



Getting people to the right service at the right time

Ways to make referrals

- **Referral Form:** ROADS provider websites
- **GP Referral Form:** Remedy – Bristol CCG
- **Fax:** 0117 916 6593
- **Email:** roads@dhi-online.org.uk.cjasm.net

Ways to make enquiries

- **Telephone:** Mon – Fri: 9am – 8pm
Sat: 9am – 1pm
0117 440 0540

Who can refer

- ROADS Partners
- GPs
- Probation & CRC
- Hospitals
- Social Services
- Early Help
- Self-Referrals

Self-Referrals and Assessments

Community Recovery Hubs

- **Central**
E5, 16-18 King Square, BS2 8AZ
- **North**
Greenrooms, Greenway Centre,
Doncaster Rd, Southmead, BS10 5PY
- **South**
@Symes Community Centre,
Peterson Ave, Hartcliffe, BS13 0BE
- **Telephone:** Mon – Fri: 9am – 8pm
Sat: 9am – 1pm
0117 440 0540
- **Email:** roads@dhi-services.org.uk

Assessments

Mon – Fri: 9am – 8pm

Sat: 9am – 1pm

- **Community Recovery Hubs**
- **GP Practices**
- **Other Venues in the Community**
- **Home Visits**

Early Engagement & Intervention

Health & Harm Reduction Centre

Mon – Fri: 9am – 8pm

Sat: 10am – 5pm

■ Drop-In:

■ Central

11 Brunswick Square,
BS2 8PE

■ North & South

Mobile Harm Reduction Service
(various times and locations)

■ Telephone: 0117 987 6000

Harm Reduction, Pathways and Triage into Treatment

- Welcomes Self-Referrals
- Referrals into Treatment
- Needle Exchange
- Nursing, Healthcare and BBV
- Naloxone Training & Supply
- Harm Reduction Advice
- Safer Sex
- Safer Injecting
- Tobacco Cessation

Early Engagement & Intervention

Assertive Outreach

- Mobile Harm Reduction Service (North & South Bristol)
- Homeless Outreach – *with St Mungo's*
- Female Sex Worker Outreach – *with One25*
- Night Time Economy & Festivals

Assertive Inreach

- Homelessness Prevention Accommodation Pathways
- Non-Commissioned Supported Housing
- Pharmacies – *27 across Bristol*
- Wet Clinics – *with BrisDoc*
- Universities
- Gyms

Early Engagement & Intervention

Targeted Access – Engaging people furthest from services

- Mental Health and Learning Disabilities
- Families – Think Families and Early Help with Families in Focus
- Diverse Communities (LGBTQ+, BAME, and Faith Groups) – *with SARI*

Open Access and Re-Engagement

- Women – *Women's Morning*
- Older People – *50+ Crowd (BAB Transformation Fund from October complementary)*
- LGBTQ – *Prism (Promote- complementary HIV Prevention Fund)*
- Dependant Drinkers – *Wet Clinics and the Blue Light Project*
- For All – *Choir & Drama Groups*
- OST Re-Engagement Pathway
- *(Other Complementary non ROADS funded- Veterans project)*

Detoxes in GP Practices (with Shared Care workers) Links to CRS, Aftercare and Mutual Aid

Alcohol Detox

- 4-6 Weeks

Opioid Substitution Therapy

- Stabilisation
- Maintenance
- OST Detox (12 weeks)
- Rapid OST Detox
- Contingency Management – *Rewards for Recovery*

CHART will serve the following two groups of patients

- 1. Chaotic, disengaged, homeless, opioid dependent - the group currently taken on by SMART.**
- 2. Unregistered, homeless, opioid dependent for a short-term scripting and re-engagement service referred by**
 - Hospitals
 - Streetwise (& police)
 - Self-referral from Out of Area
 - One25
 - Outreach teams
 - ACE
 - Redirected by APPS

- All referrals must be discussed with the GP at Homeless Health
- A time for this discussion can be arranged by ringing the Homeless Health Service on 0117 989 2450
- Acceptance of a new client into the CHART Service is subject to the result of this assessment.
- The CHART service will be run on a drop-in basis at the Compass Centre as part of general HHS Clinical Sessions. (Mon & Thurs afternoons; Tues, Wed, & Fri mornings). There will not be separate sessions for CHART.
- All CHART clients will be accepted on a time-limited basis. This will vary with client needs.
- For those who can engage with Shared Care, it will be 4 weeks.

Community Recovery Service

Service Users...

- Join the recovery programme at the appropriate stage
- Menu of group and 1-to-1 specialist psychosocial interventions
- Recovery Community-led groups (see Peers/Workforce Development)

1. Engagement & Preparation

- Welcome & Orientation
- Preparation for Change
- Preparation for Detox
- LGBTQI+ EBI pathway
- NOCU
- Alcohol Awareness Workshop
- Advance (relationship management)
- Safety First (trauma) with AWP

2. Active Change

- Active Change Intake & Orientation
- Recovery Toolbox

3. Maintaining Change & Completion

- Open Access Drop-In/Guided Help Yourself
- Everyday Recovery (relapse prevention)
- Post Detox (relapse prevention)

Peer Support

Peers...

- Form a central and visible role in service delivery across ROADS
- Will be embedded in the service from start to finish and will be an integral component
- Will undergo accredited training at the Workforce Development & Training Hub in central Bristol
- Provide a 121 support service running alongside CRS
- Co-facilitate groups, providing link between tools and practice

Workforce Development & Training Hub

Mon – Fri: 9am – 5pm

Brunswick Court,
Brunswick Square,
BS2 8PE

- **Telephone:** 0117 916 6588

CRS: Residential Rehab & Youth Transitions

Residential Rehabilitation

- Through BCCs framework
- Alternative inpatient detox options for those deemed to be of lower complexity
- E.g. Broadreach, Broadway Lodge.

Rehab Drop-in - across CRS Hubs

1st and 3rd Thursday of month - Brunswick Court Hub

2.00pm-3.30pm

2nd Thursday of month - North Bristol Hub

1.00-2.30pm

4th Thursday of month - South Bristol Hub

2.00-3.30pm

Youth Transitions

- Helping young people to transition from children's' to adult services
- 17-21 (can go up to 25, depending on complexity)
- Criteria – complex needs (e.g. problematic substance use / mental ill-health / criminal justice)
- Priority referrals from Opening Doors specialist treatment agencies, Bristol Maternity Services, BASE, Social Services & ROADS

Complex Prescribing Service [and APPS]

Complex

- Complex Prescribing including detoxification
- Relapse prevention medication
- Specialist group and 1:1 Psychological Therapies including groupwork Safety First [trauma] and DBT [emotional dysregulation] (led by DHI)
- Specialist Maternity Services

APPS

- Was RAPID
- After Prison Prescribing Service [APPS}
- Prison and court release with:
 - OST continuation need
 - No GP
- 4 week intervention with pathway to SML
- 3 days per week from Bridewell police station

New Pathways; CHART, APPS and SML

Referrer	Service User presentation	Referral to	Initial Team Provider	Ongoing care
Prison	No GP	APPS	APPS	SML CHART if homeless
	With GP	ROADS SPOC	SML	
Court Release	With or without GP	APPS	APPS	
Hospital discharge / Streetwise / Probation / Impact	No GP	CHART	CHART	
	With GP	ROADS SPOC	DHI	
One25	No GP and/or homeless	CHART	CHART (Delivered at One25)	

Acer [Blackberry Hill Hospital]

- **Inpatient detoxification and stabilisation**
- **5 beds dedicated to Bristol**
- **Males and Females**
- **Higher complexity**
- **Most forms of drugs and combinations can be accommodated**
- **Addiction consultant psychiatrist led**

Advice & Liaison Service

- **To support ROADS and beyond to provide accessible advice, service development and professional development**
- **3 posts:**
 - **1 x Addiction Consultant Psychiatrist**
 - **1 x Clinical Psychologist**
 - **1 x Social Worker [Child & Adult lead]**
- **Contact via Colston Fort; 0117 919 2345**

Workforce & Community Development

Workforce & Community Development

- Responsive training and development programme for ROADS staff and Peers
- Training for external agencies within social care sector
- Sector wide practitioners forums
- Inter-agency relationship provision
- Work with community groups and individuals within localities to co-produce ABCD groups and holistic therapy opportunities e.g. growing workshops, reading groups, access to mutual aid, holistic therapies, links to wider recovery community

Workforce Development & Training Hub

Mon – Fri: 9am – 5pm

Brunswick Court,
Brunswick Square,
BS2 8PE

- **Telephone:** 0117 916 6588
- **ROADSWD@dhi-services.org.uk**

The Family and Carer service supports family members and friends who are affected by another family member or friend with alcohol or drug issues.

- One to one
- A variety of groups
- Counselling
- Advice and signposting
- Family Champion (i.e. peer) led support

Referrals & Enquiries

- **Email:** family@dhi-services.org.uk
- **Tel:** 0117 916 6588
- **Freephone:** 0800 0733011

ONLINE SELF-HELP TOOL

www.webfam.co.uk

Available across Bristol

- **Central**
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- **North**
Greenrooms, Greenway Centre,
Doncaster Rd, Southmead, BS10
5PY
- **South**
@Symes Community Centre,
Peterson Ave, Hartcliffe, BS13 0BE

*Also available to Family & Carers living in
Banes and S.Glos

Housing Pathway

Referrals via Housing Support Register.

Housing for different stages of recovery. Tel: 0117 930 0282 (ARA)

- **Preparation Intake: 29 beds**
 - *ARA and The Bridge (Salvation Army)*
 - Highest support level
 - Prison releases / homeless / move on from hostels
 - Accepts alcohol dependency with detox plan
 - New female service
- **Preparation: 46 beds**
 - *ARA and The Junction*
 - Stable on script / non-problematic use of substances
- **Preparation Independence Development: 8 beds**
 - Move on accommodation for low level script / not wanting abstinence
 - Two-bed shared houses
- **In Treatment: 57 beds**
 - *ARA and The Junction*
 - Abstinent from script, alcohol and drugs
 - Accepts low level script with detox plan
 - Leaving prep / ending detox
 - Shared accommodation, some self-contained available



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