Recommissioned
Recovery Orientated Alcohol & Drugs Service

1st February 2018
Recovery Orientated Alcohol & Drugs Service

ROADS delivery model

Single Point of Contact/ Triage/ Assessment

- Self-referral
- Partner referral

Substance Misuse Liaison

Community Recovery Service (Specialist Interventions)

Complex Prescribing Service

Families & Carers

Recovery Community

Advice & Liaison Service

Early Engagement & Re-Engagement

Harm Reduction

Bristol ROADS
Recovery Orientated Alcohol & Drugs Service
Getting people to the right service at the right time

Ways to make referrals

- **Referral Form:** ROADS provider websites
- **GP Referral Form:** Remedy – Bristol CCG
- **Fax:** 0117 916 6593
- **Email:** roads@dhi-online.org.uk.cjsm.net

Ways to make enquiries

- **Telephone:** Mon – Fri: 9am – 8pm
  Sat: 9am – 1pm
  0117 440 0540

Who can refer

- ROADS Partners
- GPs
- Probation & CRC
- Hospitals
- Social Services
- Early Help
- Self-Referrals
Self-Referrals and Assessments

Community Recovery Hubs

- **Central**
  E5, 16-18 King Square, BS2 8AZ

- **North**
  Greenrooms, Greenway Centre, Doncaster Rd, Southmead, BS10 5PY

- **South**
  @Symes Community Centre, Peterson Ave, Hartcliffe, BS13 0BE

- **Telephone:** Mon – Fri: 9am – 8pm
  Sat: 9am – 1pm
  0117 440 0540

- **Email:** roads@dhi-services.org.uk

Assessments

Mon – Fri: 9am – 8pm
Sat: 9am – 1pm

- **Community Recovery Hubs**
- **GP Practices**
- **Other Venues in the Community**
- **Home Visits**
Early Engagement & Intervention

Health & Harm Reduction Centre
Mon – Fri: 9am – 8pm
Sat: 10am – 5pm

▪ Drop-In:
  ▪ Central
    11 Brunswick Square,
    BS2 8PE
  ▪ North & South
    Mobile Harm Reduction Service
    (various times and locations)

▪ Telephone: 0117 987 6000

Harm Reduction, Pathways and Triages into Treatment

▪ Welcomes Self-Referrals
▪ Referrals into Treatment
▪ Needle Exchange
▪ Nursing, Healthcare and BBV
▪ Naloxone Training & Supply
▪ Harm Reduction Advice
▪ Safer Sex
▪ Safer Injecting
▪ Tobacco Cessation

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Early Engagement & Intervention

Assertive Outreach
- Mobile Harm Reduction Service (North & South Bristol)
- Homeless Outreach – *with St Mungo’s*
- Female Sex Worker Outreach – *with One25*
- Night Time Economy & Festivals

Assertive Inreach
- Homelessness Prevention Accommodation Pathways
- Non-Commissioned Supported Housing
- Pharmacies – *27 across Bristol*
- Wet Clinics – *with BrisDoc*
- Universities
- Gyms
Early Engagement & Intervention

Targeted Access – Engaging people furthest from services
- Mental Health and Learning Disabilities
- Families – Think Families and Early Help with Families in Focus
- Diverse Communities (LGBTQ+, BAME, and Faith Groups) – with SARI

Open Access and Re-Engagement
- Women – Women’s Morning
- Older People – 50+ Crowd (BAB Transformation Fund from October complementary)
- LGBTQ – Prism (Promote- complementary HIV Prevention Fund)
- Dependant Drinkers – Wet Clinics and the Blue Light Project
- For All – Choir & Drama Groups
- OST Re-Engagement Pathway
- (Other Complementary non ROADS funded- Veterans project)
Substance Misuse Liaison

Detoxes in GP Practices (with Shared Care workers) Links to CRS, Aftercare and Mutual Aid

Alcohol Detox
- 4-6 Weeks

Opioid Substitution Therapy
- Stabilisation
- Maintenance
- OST Detox (12 weeks)
- Rapid OST Detox
- Contingency Management – Rewards for Recovery
CHART will serve the following two groups of patients

1. Chaotic, disengaged, homeless, opioid dependent - the group currently taken on by SMART.

2. Unregistered, homeless, opioid dependent for a short-term scripting and re-engagement service referred by:
   - Hospitals
   - Streetwise (& police)
   - Self-referral from Out of Area
   - One25
   - Outreach teams
   - ACE
   - Redirected by APPS

- All referrals must be discussed with the GP at Homeless Health
- A time for this discussion can be arranged by ringing the Homeless Health Service on 0117 989 2450
- Acceptance of a new client into the CHART Service is subject to the result of this assessment.
- The CHART service will be run on a drop-in basis at the Compass Centre as part of general HHS Clinical Sessions. (Mon & Thurs afternoons; Tues, Wed, & Fri mornings). There will not be separate sessions for CHART.
- All CHART clients will be accepted on a time-limited basis. This will vary with client needs.
- For those who can engage with Shared Care, it will be 4 weeks.
Community Recovery Service

Service Users...

- Join the recovery programme at the appropriate stage
- Menu of group and 1-to-1 specialist psychosocial interventions
- Recovery Community-led groups (see Peers/Workforce Development)

1. Engagement & Preparation
   - Welcome & Orientation
   - Preparation for Change
   - Preparation for Detox
   - LGBTQI+ EBI pathway
   - NOCU
   - Alcohol Awareness Workshop
   - Advance (relationship management)
   - Safety First (trauma) with AWP

2. Active Change
   - Active Change Intake & Orientation
   - Recovery Toolbox

3. Maintaining Change & Completion
   - Open Access Drop-In/Guided Help Yourself
   - Everyday Recovery (relapse prevention)
   - Post Detox (relapse prevention)
Peer Support

Peers...

- Form a central and visible role in service delivery across ROADS
- Will be embedded in the service from start to finish and will be an integral component
- Will undergo accredited training at the Workforce Development & Training Hub in central Bristol
- Provide a 121 support service running alongside CRS
- Co-facilitate groups, providing link between tools and practice

Workforce Development & Training Hub

Mon – Fri: 9am – 5pm

Brunswick Court, Brunswick Square, BS2 8PE

- **Telephone:** 0117 916 6588
Residential Rehabilitation

- Through BCCs framework
- Alternative inpatient detox options for those deemed to be of lower complexity
- E.g. Broadreach, Broadway Lodge.

Youth Transitions

- Helping young people to transition from children's’ to adult services
- 17-21 (can got up to 25, depending on complexity)
- Criteria – complex needs (e.g. problematic substance use / mental ill-health / criminal justice)
- Priority referrals from Opening Doors specialist treatment agencies, Bristol Maternity Services, BASE, Social Services & ROADS

Rehab Drop-in - across CRS Hubs

1st and 3rd Thursday of month - Brunswick Court Hub
2.00pm-3.30pm
2nd Thursday of month - North Bristol Hub
1.00-2.30pm
4th Thursday of month - South Bristol Hub
2.00-3.30pm
**Complex**

- Complex Prescribing including detoxification
- Relapse prevention medication
- Specialist group and 1:1 Psychological Therapies including groupwork Safety First [trauma] and DBT [emotional dysregulation] (led by DHI)
- Specialist Maternity Services

**APPS**

- Was RAPID
- After Prison Prescribing Service [APPS]
- Prison and court release with:
  - OST continuation need
  - No GP
- 4 week intervention with pathway to SML
- 3 days per week from Bridewell police station
<table>
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<tr>
<th>Referrer</th>
<th>Service User presentation</th>
<th>Referral to</th>
<th>Initial Team Provider</th>
<th>Ongoing care</th>
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<td>No GP</td>
<td>APPS</td>
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<td></td>
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<td>ROADS SPOC</td>
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<tr>
<td>Court Release</td>
<td>With or without GP</td>
<td>APPS</td>
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<tr>
<td>Hospital discharge / Streetwise / Probation / Impact</td>
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<td></td>
<td>With GP</td>
<td>ROADS SPOC</td>
<td>DHI</td>
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<tr>
<td>One25</td>
<td>No GP and/or homeless</td>
<td>CHART</td>
<td>CHART (Delivered at One25)</td>
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</tbody>
</table>
- Inpatient detoxification and stabilisation
- 5 beds dedicated to Bristol
- Males and Females
- Higher complexity
- Most forms of drugs and combinations can be accommodated
- Addiction consultant psychiatrist led
Advice & Liaison Service

- To support ROADS and beyond to provide accessible advice, service development and professional development

- 3 posts:
  - 1 x Addiction Consultant Psychiatrist
  - 1 x Clinical Psychologist
  - 1 x Social Worker [Child & Adult lead]

- Contact via Colston Fort; 0117 919 2345
Workforce & Community Development

- Responsive training and development programme for ROADS staff and Peers
- Training for external agencies within social care sector
- Sector wide practitioners forums
- Inter-agency relationship provision
- Work with community groups and individuals within localities to co-produce ABCD groups and holistic therapy opportunities e.g. growing workshops, reading groups, access to mutual aid, holistic therapies, links to wider recovery community

Workforce Development & Training Hub

Mon – Fri: 9am – 5pm
Brunswick Court, Brunswick Square, BS2 8PE
- **Telephone:** 0117 916 6588
- **ROADSWD@dhi-services.org.uk**
The Family and Carer service supports family members and friends who are affected by another family member or friend with alcohol or drug issues.

- One to one
- A variety of groups
- Counselling
- Advice and signposting
- Family Champion (i.e. peer) led support

**Available across Bristol**

- **Central**
  E5, 16-18 King Square, BS2 8AZ
- **North**
  Greenrooms, Greenway Centre, Doncaster Rd, Southmead, BS10 5PY
- **South**
  @Symes Community Centre, Peterson Ave, Hartcliffe, BS13 0BE

*Also available to Family & Carers living in Banes and S.Glos*

**Referrals & Enquiries**

- **Email:** family@dhi-services.org.uk
- **Tel:** 0117 916 6588
- **Freephone:** 0800 0733011

**ONLINE SELF-HELP TOOL**

www.webfam.co.uk
Housing Pathway

Referrals via Housing Support Register.
Housing for different stages of recovery. Tel: 0117 930 0282 (ARA)

- **Preparation Intake: 29 beds**
  – ARA and The Bridge (Salvation Army)
  - Highest support level
  - Prison releases / homeless / move on from hostels
  - Accepts alcohol dependency with detox plan
  - New female service

- **Preparation: 46 beds**
  – ARA and The Junction
  - Stable on script / non-problematic use of substances

- **Preparation Independence Development: 8 beds**
  - Move on accommodation for low level script / not wanting abstinence
  - Two-bed shared houses

- **In Treatment: 57 beds**
  – ARA and The Junction
  - Abstinent from script, alcohol and drugs
  - Accepts low level script with detox plan
  - Leaving prep / ending detox
  - Shared accommodation, some self-contained available