

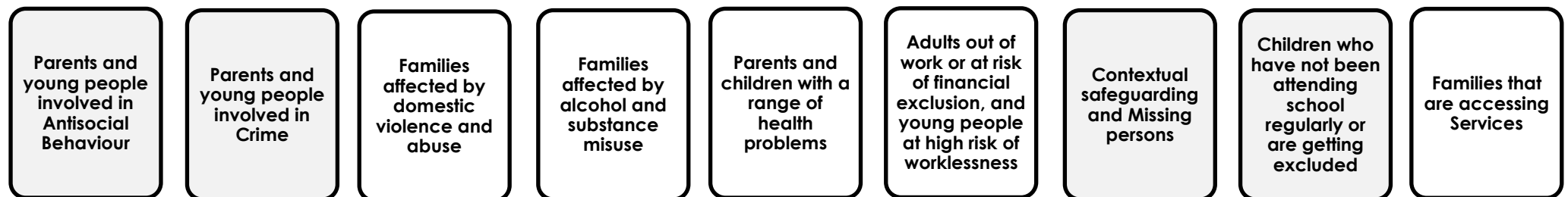
FAMILY OUTCOME PLAN

There is no greater institution than the family. For many, it's the rock upon which their life is built, providing security, fulfilment, bonding, love and purpose. However many families are wrestling with multiple and complex issues which affect health and well-being, and stop children from thriving. In ever more challenging times it is becoming more important that agencies and organisations work together efficiently to support families, with a shared purpose, striving to achieve joint outcomes.

The Outcomes Plan has been created to achieve this aim. It ensures a thorough assessment of the issues a family is facing, leading to the identification of the outcomes that we are collectively working towards. Once these outcomes are known, stated and shared, we can formulate a well-coordinated and effective approach, using evidence-based techniques and practices, working with families to deliver the future they deserve.

Below is Bristol's Family Outcome Plan, which has been written locally, with the contribution of many partner agencies. It strives to achieve better outcomes for families, reduce demand / costs for public services, at the same time reducing risk, harm and vulnerability.

The Outcomes Plan provides a common set of significant and sustainable outcome measures applicable to all families set out in the 9 criteria below:



For example, if a family has three of the above criteria e.g. a debt problem, domestic violence problem and unemployed adult at the point of engagement, then relevant outcomes would form the agency goals against which significant and sustained progress would be judged for this family.

The Bristol Family Outcomes plan supports the delivery of Bristol's Strategy for Children, Young People and Families 2016 – 2020 [\[open here\]](#) The Children and Families Partnership plans, commissions and delivers services that promote the health and wellbeing of children and families in Bristol. The priorities in the strategy address poverty and inequality and focus on:

- Emotional Health and Wellbeing
- Safe and Inclusive Communities
- Education, Employment and Skills
- Housing

The Partnership have committed to developing the following approaches that require us to work together, with a shared purpose, to achieve joint outcomes:

- Think Family
- Strengths based approaches
- Predictive analytics
- Innovation in fundraising
- Clear model of support (three tier)
- Children, young people, families & communities leading

Guidance note:

- ❖ The majority of the indicators are picked up by a data source but can also be identified by the Lead Professional.
- ❖ The **bold type indicators** can be identified by a lead professional. See appendix for examples of when to use these appropriately.
- ❖ The majority of data sources must be evidenced by a professional on relevant case management system such as LCS or EHM.

Parents and young people involved in antisocial behaviour - Links to strategic priority *Safe and Inclusive Communities*

Indicator

- A child or adult who has committed an Anti-Social Behaviour (ASB) incident (or equivalent local measure) in the last 12 months
- A child or adult is managed by the Police's ASB team

Outcome(s)

Source

Significant reduction of ASB sustained over the last three months.

Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.

Parents and young people involved in crime - Links to strategic priority *Safe and Inclusive Communities*

Indicator

- A child or adult who has committed an offence in the previous 12 months
- An adult prisoner who is less than 12 months from his / her release date and will have parenting responsibilities on release
- A child or adult who has breached an order or injunction
- A young person who has received a Youth Caution or is serving a Restorative Justice programme
- **A child or adult referred by a professional because their potential crime problem or offending behaviour is of equivalent concern**

Outcome(s)

Source

Successful completion of an Acceptable Behaviour Contract (ABC), Criminal Behaviour Order (CBO), Crime injunction, housing injunction or other appropriate order by a member of the family.

Niche
Lead Professional evidenced.

Significant reduction in crime sustained over the last three months.

Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.

Families affected by domestic violence and abuse – Links to strategic priority *Safe and Inclusive Communities*

Indicator	
<ul style="list-style-type: none"> - A child or adult who has been a victim of DVA in the last 12 months - A child or adult who has perpetrated an incident of DVA in the last 12 months - A household or family member has been subject to a police call out for a domestic incident in the last 12 months - A household or family nominated by professionals as being at significant risk of DVA 	
Outcome(s)	Source
Victim engaged with specific DV support e.g. IDVA, Police, Victim Support, Next Link. Evidenced by levels of engagement, fully engaged, somewhat engaged, did not engage.	LP report.
<p>Increased safety for family demonstrated using the following measures:</p> <ul style="list-style-type: none"> • DASH score (15 or above - high) falls to 14 or below for 3 continuous months OR no further DASH assessment required for 3 months (which reflects no further violence has occurred). • DASH score (below 15) reduced by 25% and sustained for 3 month period. 	<p>Niche</p> <p>Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.</p>
No repeat MARAC referral in three months since first referral.	<p>Niche</p> <p>Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.</p>
Conviction/civil remedy/ DVPO regarding perpetrator.	<p>Niche</p> <p>Lead professional evidenced.</p>
Perpetrator or instigator (if YP), engages/accepts support and no further CAADA DASH assessment required.	<p>Niche</p> <p>Lead Professional evidenced.</p>

Families affected by alcohol and substance misuse - Links to strategic priority *Emotional Health and Wellbeing*

Indicator

- A child or adult has committed a drug or alcohol offence
- A child or adult with a drug or alcohol problem referred for support (last 12 months)

Outcome(s)

Source

Significant reduction in substance use over the last three months. Evidenced by substance misuse support agency.

Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.

Child / Young person / adult has engaged well with specific substance misuse agency. Evidenced by levels of engagement, fully engaged, somewhat engaged or did not engage.

Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.

Parents and children with a range of health problems - Links to strategic priority *Emotional Health and Wellbeing*

Indicator

- A child or adult presenting with mental health concerns
- A family receiving universal partnership plus from the Health Visiting Service
- Pregnant women and unborn babies where there is an additional identified ante natal need and additional professional concerns.
- **Equivalent professional concerns for a child or adult nominated by professionals as having any mental and physical health problems**

Outcome(s)

Source

Family have a healthier lifestyle and increased life expectancy demonstrated using one or more of the following success measures;

- Recognition of risks of smoking and cessation of smoking in the house or car.
- Improved understanding of healthy diet for parents and children and positive healthy behaviour change in family diet evidenced by increased fresh fruit and vegetables, less sugar etc.
- Increase in physical activity
- Improved dental hygiene evidenced by increased tooth brushing (twice a day).
- Healthy routines are established including sleep, meal times and day time activity.
- Improved sexual health evidenced by parents talking to children about healthy sex and relationships, and children and families are aware of how to access contraception and sexual health advice.

Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.

<p>Family engage with health services demonstrated using one or more of the following success measures;</p> <ul style="list-style-type: none"> • Registration with local GP surgery. • Registration with dentist, attend check-ups and complete treatments as recommended. • All of the family are up to date with appropriate, checks, screening, vaccinations and childhood immunisations. 	<p>Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.</p>
<p>Emotional health and wellbeing of the family is improved demonstrated using one or more of the following success measures:</p> <ul style="list-style-type: none"> • Increased feeling of wellbeing and / or more effective management of stress • Improvement in validated measure before and after • Social isolation is reduced evidenced by engagement in community activity and / or improved family relationships. 	<p>Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.</p>
<p>Reduction in potential for harm caused by household hazards demonstrated using one or more of the following success measures:</p> <ul style="list-style-type: none"> • Recognition of home safety issues and reduction in unintentional injuries. Evidenced by medicines and poisons locked away safely, choke hazards removed, scald and burn risks removed. • Referral to Health Visitor home safety equipment scheme. • Significant improvement in living conditions and home hygiene over the last three months. 	<p>Lead Professional evidenced.</p>
<p>Engagement with specialist ante natal support for specific identified need (e.g. risk of post-natal depression) evidenced over the last three months.</p>	<p>Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.</p>

Adults out of work or at risk of financial exclusion, and young people at high risk of worklessness - Links to strategic priority *Education, Employment and Skills*

Indicator

- Claiming any out-of-work benefits (or Universal Credit, if relevant)
- A young person who is not in education, training or employment (NEET)
- A household affected by the benefit cap
- A household experiencing significant rent arrears
- A child is claiming Free School Meals
- **Parents and families nominated by professionals as being at significant risk of financial exclusion**

Outcome(s)	Source
13 weeks consecutive employment (or 26 out of last 30 weeks for JSA).	DWP
An adult or over 16 (NEET) makes job ready progress to work; enrolled in higher or further education or apprenticeship, or formal volunteering or work experience or a programme or course which removes a barrier to work for the individual.	<p>DWP</p> <p>Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.</p>
An income and debt re-payment plan is in place and implemented and there is no escalation in sanctions.	<p>AIMS</p> <p>Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.</p>
An adult or over 16 (NEET) consents and engages in 3 months of whole family support of which one purpose is to remove barriers to work	<p>TFEA</p> <p>Lead professional engagement over a three month period of support.</p>

Missing Persons and Exploitation

Indicator:

A child / young person has been reported as missing by the police

A child identified as at risk of child sexual exploitation (CSE).

A child identified as at risk of child criminal exploitation (CCE).

Outcome(s)

Source

Significant reduction of missing episodes, reduction in risk of CSE or CCE over a 3 month period.

Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.
TFD risk scores.

Parental capacity to protect has improved. Evidenced by Routine Outcomes Monitoring tool.

Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.

Improvement in child / young person's ability to identify abusive behaviours and make safer behaviour choices.
Evidenced by Routine Outcomes Monitoring tool.

Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support

Children who have not been attending school regularly or are getting excluded – Links to strategic priority *Education, Employment and Skills*

Indicator
<ul style="list-style-type: none"> - A child who has less than 90% attendance in the last 3 consecutive academic terms (12 months) - A child who has received at least 3 fixed term exclusions in the last 3 consecutive school terms - A child who has been permanently excluded from school in the last 3 consecutive school terms - A child who is in a Pupil Referral Unit - A child who is neither registered with a school nor being educated in an alternative setting - A child referred by an education professional because they are not receiving suitable full time education

Outcome(s)	Source
Significant improvement in attendance at education provision over two school terms.	Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.
Child / Young Person has not been excluded in the last two school terms.	Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.

Families that are accessing services – Links to strategic priorities' *Safe and Inclusive Communities and Housing*

Indicator

- An adult or child with an active Families In Focus or social care episode.
- A child or young person who is accessing statutory services, including 'Looked After,' Child Protection and Child In Need.
- A child or young person and their family who have accessed homeless services.
- A child having identifiable delay in speech, language and communication skills (not reaching threshold at 2-2.5yr health visitor check).
- A family who has not redeemed free early education entitlement.
- Teenage pregnancy – families where a mother gave birth at the age of 16 or under, in the last 12 months.
- **Families where there is intrafamilial conflict (e.g. parent: parent, child: parent).**
- **A Child/ Young Person on the edge of care / custody / serious criminality.**
- **Equivalent professional concerns for an adult or child nominated by professional.**

Outcome(s)	Source
Early Help case closed and there are no repeat referrals in the following 6 month period.	EHM
Improved behaviour of a child or young person and improved parenting skills where relevant. Measured by validated outcome measure e.g. Strengths & Difficulties Questionnaire (SDQ) score OR Routine Outcome Monitoring (ROM) tool.	Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.
No further requirement to have a Child In Need plan or Child Protection plan and the case is closed or stepped down to Families in Focus.	LCS / EHM
Take up of 2 or 3 year old funding entitlement for early education or enhanced provision for under 2s and attending regularly for a three month period.	Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.

<p>Improved parent child communication through talking and reading and improvement in child's speech, language and communication. Evidenced through LP observations.</p>	<p>Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.</p>
<p>A child or young person and their family have secured a tenancy that could be expected to last a period of six months or more.</p>	<p>Lead Professional evidenced.</p>
<p>Improved parental relationship sustained over the last three months and evidenced using Routine Outcomes Monitoring tool.</p>	<p>Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.</p>
<p>Improved parent: child relationship evidenced by engagement in evidence based programme such as Non-violent resistance (NVR) and improvement seen in relationship over the last three months.</p>	<p>Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.</p>
<p>Child / Young person has improved communication skills, ability to manage emotions, increased resilience and problem solving skills. Measured by Routine Outcome Monitoring.</p>	<p>Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.</p>
<p>Child / Young person has not entered care in the last three months.</p>	<p>Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.</p>
<p>Child / Young person has not entered custody or committed an offence in the last three months.</p>	<p>Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.</p>

<p>Family led safety plan has reduced crisis support and risk to child / young person, sustained over the last three months. Evidenced by Routine Outcome Monitoring.</p>	<p>Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.</p>
<p>A teenage mother engages with specialist Lead Professional (e.g. Family Nurse Partnership) following birth of a child and achieves the key outcome as identified.</p>	<p>Lead Professional evidenced after a three month period, or on closure / exit having completed a period of support.</p>

Appendix

Examples of Equivalent Professional Concerns

The following list gives examples of equivalent professional concerns. This should not be treated as an exhaustive list, nor should it be used in place of a relevant indicator.

- 2. This may include SEN not being met at current setting or undiagnosed SEN**
- 3. This may include concerns around parenting or conduct disorder (challenging behaviour)**
- 4. This may include those with problematic/unmanageable levels and forms of debt and those with significant rent arrears**
- 6. This may include unhealthy behaviours resulting in problems like obesity, malnutrition or diabetes**