## Scheme of Work/Medium Term Plan – Template

## **PSHE Scheme of Work**

Week/ lesson	Lesson/ session title	Intended learning outcomes	Methodologies	Assessment for Learning strategies
1	Personal Identity	To agree how to talk about alcohol and drugs in the classroom.  To review previous learning about tobacco and other drugs.  To share their educational needs to ensure they are covered in future lessons.	Small group discussion and presentation. Small group activity – needs assessment on alcohol.	Small group discussion summarising learning in Year 7. Small group activity – what would they like to learn about alcohol.
2	Healthy Lifestyles	Demonstrate knowledge of the effects of alcohol. Identify differing strengths of alcohol and unit measures. Apply their knowledge of units of alcohol to assess risk to health.	Whole group 'pub quiz'. Small group activity – units in different drinks. Individual assessment of learning.	Pub quiz questions and answers. Individual assessment of learning – units in drinks.
3	Diversity	Understand the different ways we use alcohol in our society.  Reflect on their own attitudes towards alcohol and listen to the views of other people.	Small group activity – discussion about alcohol in society. Individual attitudes to alcohol. Whole group debate.	Attitudes to alcohol continuum.  Presentation of cases in whole group debate.
4	Relationships	Articulate what they know about how the use of alcohol makes them vulnerable.  Recognise their own ability to make decisions and keep themselves safe.  Have some simple top tips for having a safe night out.	Whole group drunk goggles activity. Individual effects of alcohol assessment. Small group - risk assessment.	Individual effects of alcohol assessment. Small group – risk assessment/back pack activity.
5	Risk and Getting Help	Understand risks around alcohol.  Have strategies to resist unwelcome influences/pressure.  Know where to get support out of school.	Small group risk assessment types of drinking. Whole class Alcohol Clock activity.	Small group – assessment of drinking scenarios.
6	Assessment and Learning	Record aspects of their learning throughout the terms programme. Reflect, discuss and evaluate the terms programme.	Multiple choice quiz-whole group Where to get help wheel-small group Poster activity and assessment-small group	Evaluation sheet