



	COUN
Year 7	Lesson 6 Review and Application of Learning
Ground Rules	Slide of ground rules
Warm-up	Introduction slide with overview of 5 lessons studied in Year 7
	Relationships
	<ul> <li>Managing Friendships and Relationships</li> </ul>
	Managing Change
	Being Left Out
	Social Media and Positive Mental Health
	Reminders of the key areas we covered in each of the 5 lessons
	,
Lesson Aims	• For young people to demonstrate how they can apply the learning from the
	5 lessons into an assigned task
End of Year	In Groups Exercise:
Exercise	
	This exercise is to measure what they have learned from the Year 7 lessons and how
	they apply the knowledge and skills. It is also a way of practising team, communication, writing, design, negotiation and assertiveness skills in a project without setting these out
	as goals
	Your task today is to:
	Produce a newspaper called 'Maintaining Positive Mental Health'
	• The teacher will divide you into 6 groups – 1 group will write the scene
	setting headline and introduction to newspaper content – the big picture –
	The other 5 groups will be assigned one of the 5 lesson areas we have covered
	<ul> <li>Each group will produce a newspaper article demonstrating your</li> </ul>
	understanding of the area and how applying the skills learned has
	contributed to Maintaining Positive Mental Health
	<ul> <li>Each article is restricted to one side of A4 and you can design the layout and any images you might want to include</li> </ul>
	<ul> <li>You have 30 minutes to discuss and agree your articles</li> </ul>
	• The scene setting group need to liaise with all other groups as part of
	developing their introduction to ensure it reflects the content that the individual groups have developed
	<ul> <li>The final newspaper will then be presented to the whole class by the scene</li> </ul>
	setters
	Group Feedback and Class discussion slide including identifying what skills they thought they used in the exercise:
	Teacher can record as appropriate
	Depending on the facilities at the school and hudget, it could be methodised to use due
	Depending on the facilities at the school and budget, it could be motivational to produce

a published version of the newspaper, either in hard copy or online and either distribute



	it or put it in a prominent place in the school to maximise access for all students
Help and Support	Where to go for any help and support and a handout listing organisations they can approach confidentially
	As School Nurses visit schools at different times and days, teachers need to ensure they cover their schools dates and accessibility rules in this section
	Teachers need to cover the 'Your guide to children and young people's emotional health services
Evaluation	Your reflection and feedback is important!
	<ul> <li>Use 'What I Learned Today' evaluation form – students to complete these anonymously and hand them in for teacher to review and assess.</li> </ul>