

## YEAR 8 MY LEARNING PROGRESS THIS YEAR

Students Name:	Assessment Date	Working Below	Working At	Working Above	Teachers Comments
Physical, Mental and		I am able to identify some of	I am mostly able to identify	I am able to explain in detail	
Emotional Health and		the ways to maintain physical, mental and emotional health	how to maintain physical, mental and emotional health	how to maintain physical, mental and emotional health	
Emotional Health and		and wellbeing.	and wellbeing.	and wellbeing.	
Wellbeing		I am able to assess and	I am mostly able to assess and	I am able to explain in detail	
<b>3</b>		manage some of the risks to	manage risks to health and to	how to assess and manage	
		health and to keep myself and	keep myself and others safe.	risks to health and to keep	
		others safe.		myself and others safe.	
<b>Managing Peer Pressure</b>		I am able to recognise some	I am mostly able to recognise	I am able to explain in detail	
managing reer ressare		peer pressure and strategies	peer pressure and strategies	how to recognise peer	
		to manage it	to manage it	pressure and strategies to	
		Lamabla to identify some of	Lam mastly able to identify	manage it	
Dealing with Loss and		I am able to identify some of the ways to manage or deal	I am mostly able to identify how to manage or deal with	I am able to explain in detail how to manage or deal with	
_		with some loss and	loss and bereavement	loss and bereavement	
Bereavement		bereavement	loss and bereavement	loss and bereavement	
Sexting and Staying Safe		I am able to identify some of	I am mostly able to identify	I am able to explain in detail	
Sexting and Staying Sale		the ways to manage any	how manage any request or	how manage any request or	
		request or pressure to share	pressure to share an image of	pressure to share an image of	
		an image of ourselves or of	ourselves or of others and	ourselves or of others and	
		others and who to talk to if	who to talk to if you have	who to talk to if you have	
		you have concerns	concerns	concerns	
		I am able to identify some of	I am mostly able to identify	I am able to explain in detail	
		the ways that the sharing of explicit images may constitute	when the sharing of explicit images may constitute a	how when the sharing of explicit images may constitute	
		a serious criminal offence	serious criminal offence	a serious criminal offence	
Calf Assessment		I am able to recognise some	I am mostly able to recognise	I am able to explain in detail	
Self-Awareness		of the personal strengths and	personal strengths and how	personal strengths and how	
		how these affect self-	this affects self-confidence	these affect self-confidence	
		confidence and self-esteem.	and self-esteem.	and self-esteem	
		I am able to recognise some	I am mostly able to recognise	I am able to explain in detail	
		of the ways in which personal	the way in which personal	the way in which personal	
		qualities, attitudes, skills and	qualities, attitudes, skills and	qualities, attitudes, skills and	
		achievements are evaluated	achievements are evaluated	achievements are evaluated	
		by others, affects confidence	by others, affects confidence	by others, affects confidence	
		and self-esteem.	and self-esteem.	and self-esteem	