

	COUP
Year 11	Lesson 6 Review and Application of Learning
Ground Rules	Slide of ground rules
Warm-up	<ul> <li>Introduction slide with overview of 5 lessons studied in Year 10</li> <li>My Vision – Achieving my Goals</li> <li>Managing Expectations</li> <li>Moving On and Looking Forward</li> <li>Working in a Team</li> <li>Balancing Your Life</li> </ul> A reminder of the key areas we covered in each of the 5 lessons
Lesson Aims	<ul> <li>For young people to demonstrate how they can apply the learning from the 5 lessons into an assigned task</li> </ul>
End of Year Exercise	Some local employers are advertising careers opportunities in the following roles and information:  Nurse Engineer Newspaper Reporter All involve working in teams, under pressure and shift work or unsocial hours  Choose one of the roles The employers want to see if you are the right person for one of the roles so have asked all applicants to respond under the following headings: My Vision – show how your vision and goals align with the role requirements Managing Expectations – show how you can manage the pressure of the role Moving On and Looking Forward – how you are able to change your current lifestyle to meet the demands of the role, it's hours and impact on your life Working in a Team – show the skills you have to work as part of a team and deliver results Balancing Your Life – show how your values and choices align with the role requirements You have 30 minutes to discuss, agree and write down your response Each group will then select someone to present these to the whole class  Group Feedback and Class discussion Teacher can record as appropriate
Help and Support	Where to go for any help and support and a handout listing organisations they can approach confidentially  As School Nurses visit schools at different times and days, teachers need to ensure they cover their schools dates and accessibility rules in this section



	Teachers need to cover the 'Your guide to children and young people's emotional health services
Evaluation	Use 'What I Learned Today' evaluation form – students to complete these anonymously and hand them in for teacher to review and assess.