

Books and resources for parents, guardians and carers of previously looked after children

For adoptive parents/guardian/carers

- [The Adopter's Handbook on Education](#) by Eileen Fursland Coram BAAF (ISBN: 978191003970 0)
- Bubble Wrapped Children: How Social Networking Is Transforming the Face of 21st Century Adoption by Helen Oakwater MX Publishing, (ISBN-13: 9781780920979)

For everybody

- How brains are built: The core story of brain development: <https://www.youtube.com/watch?v=LmVWOe1ky8s>
- Inside I'm Hurting by Louise Bomber (Worth Publishing, ISBN 1-903269-11-3) - available from various booksellers
- Let's Learn Together by Sheila Lavery, Adoption UK
- The simple guide to Child Trauma by Betsy de Thierry (Jessica Kingsley Publishers ISBN-13: 9781785921360)

Books to share with younger children

- [Little Parachutes](#) – a website listing picture books that help children cope with worries, health issues and new experiences

Books for older children and young people

- Almond.D (2009) The Savage. Walker Books Ltd. London.
- Angelou.M (1978) Life Doesn't Frighten Me. Stewart, Tabori & Chang. New York.
- Bang.M (1999) When Sophie Gets Angry – Really, Really Angry... Scholastic Inc.
- Bhreathnach.E (2006) The Scared Gang. Alder Tree Press. Northern Ireland.
- Browne.A (1997) Willy The Dreamer. Walker Books Ltd. London.
- Bush.J & Spottswood.R (2005) The Bean Seed. Adoption Conversations. Vermont. jbush@together.net
- Cave.K (1994) Something Else. Puffin Books. Penguin Group.
- Dunn Buron.K (2006) When My Worries Get Too Big! A relaxation book for children who live with anxiety. Autism Asperger Publishing Company. Kansas.
- Fairbairn.K (2011) The Making of U. After Adoption. Manchester.
- Gravett's.E (2007,2008) Little Mouse's Big Book of Fears. Macmillan Children's Books. London.
- Ironside.V (1996) The Huge Bag of Worries. Hodder Children's Books. Australia.
- Karst.P (2000) The Invisible String. De Vorss and Company. California
- Morgan.N (2005) Blame My Brain. The amazing teenage brain revealed. Walker Books Ltd. London.

- Sunderland.M (2000) A Niffleloo Called Nevermind. Winslow Press Limited. UK.
- Sunderland.M (2003) The Day the Sea Went Out and Never Came Back. Speechmark Publishing Ltd. UK.
- Sunderland.N (2000) The Frog who Longed for the Moon to Smile. Winslow Press Limited. UK.
- Tan.S (2001) The Red Tree. Lothian Books. Thomas C. Lothian Pty Ltd. South Melbourne
- Tan.S (2000) The Lost Thing. Lothian Books. Havhette Australia Pty Limited. Sydney.
- Thomas.F (1998) Supposing... Bloomsbury Publishing plc. London.
- Verdick.E & Lisovskis.M (2003) How to Take the Grrrr Out of Anger. Free Spirit Publishing Inc. Minneapolis.
- Williams.M (1992) The Velveteen Rabbit. Egmont Books Limited. London.

Case studies and practical suggestions to develop attachment aware understanding and practice

- Go Away, People! written and published by Eileen Bebbington (ISBN-13: 9780954909123)
- Stop Wasting My Time! written and published by Eileen Bebbington (ISBN-13: 9780954909116)