

# **Educational Psychology** Information for 16-25 year olds

# What do we do?

We work in your community to support all young people who might need help learning and being ready for adulthood.

# Why would we like to meet you?

Either you or someone who knows you well has asked us to help think about the future and what support you might need.

# Where will we meet you?

We can meet anywhere that you feel comfortable (home, school or college, work or in the community).

# Who will know?

The person who has asked for our help will know and anyone else you want to tell.

#### Who can come?

We can meet anywhere that you feel comfortable (home, school or college, work or in the community).



# What will we do?

We want to know what you think about the things that are important to you. Some of the questions we might ask include:

- What would you like to do in the next 3 or 4 years?
- What do you want from the future?
- Is finding work important to you?
- What sort of job might you want to do?
- What are you good at (skills)?
- What do you find tricky?
- Are friendships important to you?
- Is there someone who you can share things with that are important?
- What do you do with your spare time? What would you like to do?
- How do your travel around?
- Where do you see yourself living in the future? Would you need any help?
- What do you use money for?
- What helps you relax?
- Do you need any help managing your daily routines?

You might want to think about these questions before we meet.

We might also want to visit you wherever you are learning or working. We might do some activities together that will help us understand your skills.

#### After we have met you, what will happen?

We will write down what we have spoken about and agreed to do to help you. We will send it to you and those supporting you.

# Contact us

#### **Trading with Schools**

Email: tradingwithschools@bristol.gov.uk Telephone: (0117) 9222444 Web address: www.tradingwithschools.org



