



Dental Health Resources for Schools

Leaflets, posters, presentations, lesson plans:

Change4life [Top Tips for Teeth resources](#) – [leaflet](#), posters and [dental lesson plans](#) to help the school communicate good dental practise to parents and pupils

Oral health lesson plans and dental resources from The Oral Health Foundation - <https://www.dentalhealth.org/dental-buddy> – sign up and login for FREE

Educational Films on YouTube:

The Singing Dentist <https://www.youtube.com/watch?v=AD7i8yWT9u4>

Peppa Pig The Dentist - https://www.youtube.com/watch?v=yz1n_qZ4UOg

Going to the Dentist – An Educational Video <https://www.youtube.com/watch?v=pqU56Asc9hQ>

CBeebies: Topsy and Tim Go to The Dentist <https://www.youtube.com/watch?v=nJMIxeQWIHU>

CBeebies: Woolly and Tig – The Dentist <https://www.youtube.com/watch?v=3apTihp3nqM>

How do you keep teeth healthy? - Get Well Soon. Knocked out Tooth: Riz and Dr Ranj
<https://www.youtube.com/watch?v=H28dFnHI1qk>

Oral Health Promotion Team, University Hospitals Bristol (UHB) NHS Trust:

This team provide a number of services, including training and information to schools, and training on setting up supervised brushing schemes.

Please contact the team on 0117 342 9578 if you would like any further information on the services they can provide.

<http://www.uhbristol.nhs.uk/patients-and-visitors/your-hospitals/university-of-bristol-dental-hospital/what-we-do/primary-care-dental-service-pcds/other-services/oral-health-promotion/>

Supervised tooth brushing:

Smiles 4Children Toothbrushing booklet: <https://www.foundationyears.org.uk/files/2016/12/Smiles-4Children-Pack-Final.docx>

- Sample toothbrushing session: A step-by-step guide – Page 5
- Toothbrushing songs - page 6
- Letter to parents/guardians and permission/consent form – Page 8
- Tips for brushing with your child – Page 9
- Toothpaste brands and fluoride content guide – page 11
- Oral Health Snack Guidance – page 12

Delivering Supervised Toothbrushing for Two, Three and Four Year Olds in Early Years Settings
“SMILES 4CHILDREN” (4Children & Public health England, 2016):

<https://www.foundationyears.org.uk/files/2016/12/Toothbrushing-Report.pdf>

- Toothbrushing books – Page 33
- Story Pack of activities for toothbrushing books – Pages 29-32
- Toothbrush storage solution photos – Pages 26–28
- Parent and staff baseline & follow up surveys – Pages 34-40

Improving oral health: A toolkit to support commissioning of supervised toothbrushing programmes
in early years and school settings (Public Health England, 2014):

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/574835/PHE_supervised_toothbrushing_toolkit.pdf

- Supervised Toothbrushing Effective Preventive Practice – Page 11
- Infection Prevention and Control – Page 12
- Toothbrushing in dry areas – Page 15
- Toothbrushing at a sink – Page 16
- Example Model Agreement Form – Page 18
- Example Checklist – Quality Assurance Form – Pages 19-20
- Example aide memoire intended for display – Pages 26-27

<https://www.educatingsmiles.org/> - puppets, books, timers

<http://www.thebrushbus.com/> - brushes, toothbrush storage buses & racks and lids