

**Why do young people use cannabis?**



**What are the risks?**



## My top 5 tips for dealing with stress

1

2

3

4

5

---

Something that has changed the way I think about this topic.



---

Something that I want to take away and share with someone.



---

Something I already knew or wasn't helpful.



---

Something that has changed the way I feel about this topic.



---

What have you enjoyed?



---

What skills have you developed?



---

What would you like to know more about?



---

Any other comments:

