

Worksheet

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| <p>DRUG USE</p> <ul style="list-style-type: none">• How did the young person get into drugs?• Which drugs?• How did this affect their lives? | <p>HELP/SUPPORT</p> <ul style="list-style-type: none">• Why did the young person seek help?• What sort of help did they get? |
| <p>IMPACT</p> <ul style="list-style-type: none">• What difference has Project 28 made for the young person? | <p>FUTURE</p> <ul style="list-style-type: none">• What are the young person's future plans? |

Teacher's Help Sheet 1

YOUNG MAN

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| <p>DRUG USE</p> <ul style="list-style-type: none"> ● Was 11 ● Started smoking weed ● Village life boring ● Cousin smoked ● Group identity ● Drinking ● Got into using bong ● Until age of 15 ● Got drunk and started using other drugs ● Cocaine, pills, MDMA Ketamine, Acid, new drugs on the scene ● Wanted to be the first to try new drugs ● Dropped behind (in terms of progress) | <p>HELP/SUPPORT</p> <ul style="list-style-type: none"> ● Got into trouble, burglary, battery, GBH, went to court ● Caught in school ● School to Youth Offending Team ● Referred to P28 ● Non-judgemental ● Made him think ● Guidance , advice, help ● P28 understands about drugs ● Checking out information about drugs together ● Music room/decks |
| <p>IMPACT</p> <ul style="list-style-type: none"> ● Drug use reduced ● Moved away from influences ● Thinks a lot more about keeping safe | <p>FUTURE</p> <ul style="list-style-type: none"> ● Looking for a job ● Possible job lined up ● Got more balance in life |

Teacher's Help Sheet 2

YOUNG WOMAN

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| <p>DRUG USE</p> <ul style="list-style-type: none"> ● Mum died, she was angry, drank to take away the pain. ● Cider, vodka, weed, pills, coke, MDMA ● When she was 13. ● Drank every day. ● Lacking in confidence. ● Depressed, grumpy. | <p>HELP/SUPPORT</p> <ul style="list-style-type: none"> ● Brother had been to P28 ● Friends encouraged her to do something with her life.. ● 18 years old ● Practical help, housing, court,police.. ● Emotional support ● Felt listened to. ● Could talk about what was getting her down.. ● Received positive feedback ● Trustworthy service. |
| <p>IMPACT</p> <ul style="list-style-type: none"> ● Much greater confidence. ● Has come out of her shell. ● Has received help to find a house. ● Has received advice about lots of things. ● Feels that she can drop in any time. ● Much happier. | <p>FUTURE</p> <ul style="list-style-type: none"> ● College. ● Hair & Beauty course. ● 3 year course. ● Wants to do massage. ● Has future plans. |