

YEAR 7 LESSON 6 TITLE Assessment and Evaluation

KEY CONCEPTS

- ◆ Dealing with growth and change as normal parts of growing up
 - ◆ Recognising that the way in which personal qualities, attitudes, skills and achievements are evaluated affects confidence and self-esteem
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KEY PROCESSES

- ◆ Reflect on personal strengths, achievements and areas for development
 - ◆ Use knowledge and understanding to make informed choices about safety, health and well-being
 - ◆ Reflect on personal strengths, achievements and areas for development
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CONTENT

- ◆ Physical and emotional changes and puberty
 - ◆ The knowledge and skills needed for setting realistic targets and personal goals
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LEARNING OUTCOMES

by the end of the lesson, pupils will be able to:

- ◆ Record aspects of their learning throughout this year's programme
 - ◆ Reflect on, discuss and evaluate this year's programme
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RESOURCES

- ◆ Copies of the 'Body Outline' sheet; Copies of the 'Ten Questions' sheet

LESSON PLAN

Activity 1 – Assessment

Timing	Resources
25 mins. approx	Copies of the 'Body Outline' sheet

Ask students to think back over the topics covered in this programme:

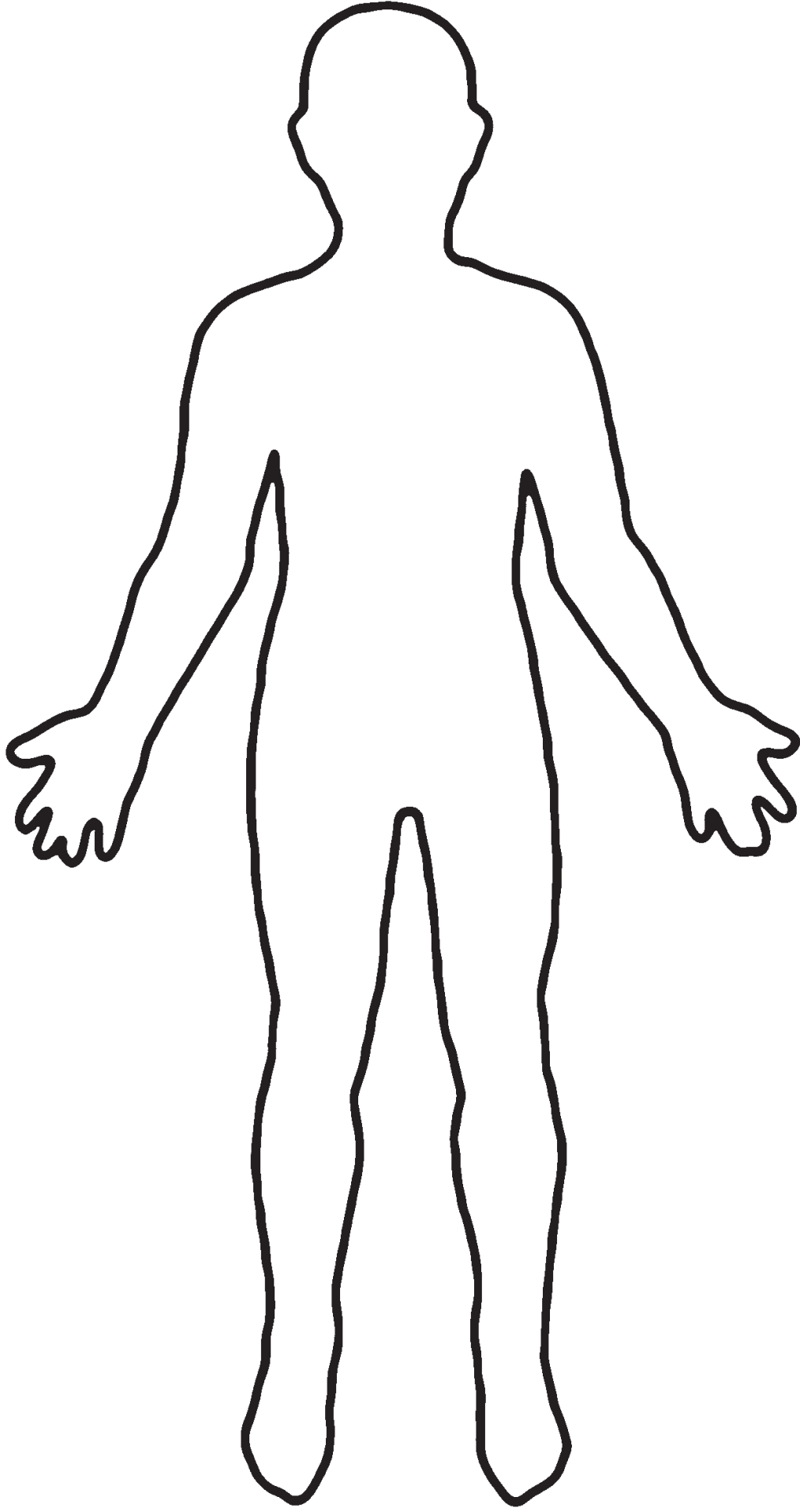
- ❖ Naming body parts
- ❖ Body changes
- ❖ Puberty problems
- ❖ Periods/Menstruation
- ❖ Reproduction
- ❖ Recognising and managing feelings
- ❖ Differences – boys and girls
- ❖ Differences – sexualities
- ❖ Language for sex
- ❖ Healthy relationships
- ❖ Getting help

Using the 'Body Outline' sheet, get students to work in pairs to record all the changes that boys and girls go through during puberty. Get them to include all the physical and emotional changes discussed in lessons, and remind them to use the correct, agreed-upon terminology where appropriate.

Activity 2 – Evaluation

Timing	Resources
20 mins. approx	'Ten Questions' sheet

Ask each pupil to fill in the 'Ten Questions' evaluation sheet. If there is time, discuss the main points in class as a whole.



Date

You can draw or write in the boxes below. Provide as much detail as you can.

1. What did you think was the most interesting part of the course?	2. What was the least interesting part?
3. Was the information which you learnt relevant and useful?	4. Do you feel that you now have a better understanding of what was discussed? In what way?
5. Which skills have you developed?	6. What other areas would you like to cover?
7. Have you enjoyed the work?	8. What would you like to learn about next? How can you find out about other issues?
9. How could the work have been done better?	10. Any other comments?

