

Draft Personal Plan

Name:



My Potential Career Options

1. Nurse
2. Social Worker
3. Police Service

My Core Values:

PREFERRED VALUES

Prioritise your identified values in how you want to live them.

1. Being respectful and courteous
2. Being honest and trustworthy
3. Helping my local community
4. Showing compassion to those in need
5. Being kind
6. Treating everyone equally

MY ACTUAL VALUES

Now order how you usually live these values from most important to least important.

1. Being kind
2. Being respectful and courteous
3. Treating everyone equally
4. Being honest and trustworthy
5. Showing compassion to those in need
6. Helping my local community

Personal Mission Statement:

Helping my local community by helping to heal, living my life with honour and treating others with love, kindness and respect

My Vision:

It is Monday 9 a.m. morning, 7 years from now:

- **Where am I?**

I'm working and living in Bristol

- **What job am I doing?**

I'm a qualified A&E nurse at a Bristol hospital

- **Who am I seeing?**

I'm seeing my friends from school, my colleagues from work, my family and have a partner

- **Where am I living?**

I'm living with my family and my partner and I are saving for a deposit on our first home together

- **What am I wearing?**

I'm proudly wearing my nurses uniform

My Action Plan:

My Goals:

- **What do I want that I don't have - what is it I want to achieve?**

I would like to have a career working in my local community and a home of my own

- **What do I want to preserve that I already have?**

I want to live and work near to my family and friends so I don't lose touch

- **What don't I have that I don't want in my life - what do I want to avoid?**

I don't want to have children until I have established a career, am married and we own our home

- **What do I have now that I don't want - what do I want to eliminate?**

My attitude to school is too lax, I need to study harder and get the qualifications I need to move me towards the career I want

SWOT:

<p>Strengths</p> <ul style="list-style-type: none">• Compassionate• Caring• Committed• Empathy• Team skills• Kind	<p>Things to Improve</p> <ul style="list-style-type: none">• Impatient• Impulsive• Disorganised• IT skills• Timekeeping• School grades
<p>Opportunities</p> <ul style="list-style-type: none">• Nurse shortages• Good pay and career• Many local hospitals• College/University• Training and qualifications	<p>Threats</p> <ul style="list-style-type: none">• Getting good grades• Student debt• Family have other plans for me

Action Plan:

SMART Objectives

1. In order to see if I want a career in nursing, in the next 4 weeks, arrange to visit a local hospital to find out more information on nursing opportunities, pathways, skills and qualifications required to become a qualified nurse
2. Within 2 weeks of my visit to the hospital, arrange a meeting with a careers advisor to review where I am now and develop a plan to help me achieve the grades required to enter nursing or any other potential career options
3. Within the next week, sit down with my parent(s) to discuss my career options and get their advice, feedback and support in how I go forward