

**YEAR 8 MY LEARNING PROGRESS THIS YEAR**

Students Name:	Assessment Date	Working Below	Working At	Working Above	Teachers Comments
<b>Physical, Mental and Emotional Health and Wellbeing</b>		I am able to identify some of the ways to maintain physical, mental and emotional health and wellbeing. I am able to assess and manage some of the risks to health and to keep myself and others safe.	I am mostly able to identify how to maintain physical, mental and emotional health and wellbeing. I am mostly able to assess and manage risks to health and to keep myself and others safe.	I am able to explain in detail how to maintain physical, mental and emotional health and wellbeing. I am able to explain in detail how to assess and manage risks to health and to keep myself and others safe.	
<b>Managing Peer Pressure</b>		I am able to recognise some peer pressure and strategies to manage it	I am mostly able to recognise peer pressure and strategies to manage it	I am able to explain in detail how to recognise peer pressure and strategies to manage it	
<b>Dealing with Loss and Bereavement</b>		I am able to identify some of the ways to manage or deal with some loss and bereavement	I am mostly able to identify how to manage or deal with loss and bereavement	I am able to explain in detail how to manage or deal with loss and bereavement	
<b>Sexting and Staying Safe</b>		I am able to identify some of the ways to manage any request or pressure to share an image of ourselves or of others and who to talk to if you have concerns I am able to identify some of the ways that the sharing of explicit images may constitute a serious criminal offence	I am mostly able to identify how manage any request or pressure to share an image of ourselves or of others and who to talk to if you have concerns I am mostly able to identify when the sharing of explicit images may constitute a serious criminal offence	I am able to explain in detail how manage any request or pressure to share an image of ourselves or of others and who to talk to if you have concerns I am able to explain in detail how when the sharing of explicit images may constitute a serious criminal offence	
<b>Self-Awareness</b>		I am able to recognise some of the personal strengths and how these affect self-confidence and self-esteem. I am able to recognise some of the ways in which personal qualities, attitudes, skills and achievements are evaluated by others, affects confidence and self-esteem.	I am mostly able to recognise personal strengths and how this affects self-confidence and self-esteem. I am mostly able to recognise the way in which personal qualities, attitudes, skills and achievements are evaluated by others, affects confidence and self-esteem.	I am able to explain in detail personal strengths and how these affect self-confidence and self-esteem I am able to explain in detail the way in which personal qualities, attitudes, skills and achievements are evaluated by others, affects confidence and self-esteem	