

Year 8	Lesson 4 Sexting and Staying Safe Lesson Plan
Ground Rules	Slide of ground rules
Warm-up	<p>Introduction outlining that what sexting is and why people might do it</p> <p>Class Discussion:</p> <ul style="list-style-type: none"> • How do you think your family or friends would react if they found out that you had sent or had been sent sexts? • Teacher to record feedback
Lesson Aims	<p>Today we are going to - taken from the PSHE Association Curriculum Framework 2014 (updated 2017)</p> <ul style="list-style-type: none"> • Learn how to manage any request or pressure to share an image of ourselves or of others and who to talk to if you have concerns • Learn when the sharing of explicit images may constitute a serious criminal offence
Why Sext?	<p>In Groups of 4:</p> <p>Why do you think people sext?</p> <ul style="list-style-type: none"> • Themselves? • Other people? • Share your group results with the class <p>Look at the reasons in detail covering Sexual Expression, Communication, Attention, Pressure, Impression, Accident/Reckless, Coercion/Blackmail and Revenge which you can compare to their lists</p> <ul style="list-style-type: none"> • Teacher can record as appropriate
Sexting At School	<p>Sexting At School</p> <p>A short video demonstrating some of the perils of sexting</p> <p>Class Discussion:</p> <ul style="list-style-type: none"> • Can you empathise with why she took the photos of herself? • What did everyone (boys and girls) think of her for having taken those pictures? • What pressure was she put under to take the pictures? • How do you think she is feeling? • What could be the consequences? • Who was most to blame for everything that happened? • Teacher can record as appropriate

Beatbullying's research	Beatbullying's research of 11-18 year-olds found that, some statistics on those affected and their sources
Dangers and Outcomes	<p>Class Discussion:</p> <ul style="list-style-type: none"> • What are some of the potential dangers and outcomes of sexting? • How could the sext affect you now? • How could the sext affect you in the future? <p>Use:</p> <ul style="list-style-type: none"> • Sexting Going Wrong, what you can do or not if you have uploaded or sent a Sext and the potential repercussions as a comparison • Sexting Can Affect Your Career Opportunities with class responses • Teacher can record as appropriate
What the Law Says	What the Law Says, the legal situation and ramifications for taking, sharing or storing explicit images
Dealing With Sext Requests	<p>In Groups of 4:</p> <ul style="list-style-type: none"> • Someone you really like has asked you to send a revealing image of yourself to them • Compose a Tweet responding to this request • Why is resisting sexting good for positive mental health? • Share this with the class <p>Feedback and Class discussion</p> <ul style="list-style-type: none"> • Teacher can record as appropriate
Help and Support	<p>Where to go for any help and support and a handout listing organisations they can approach confidentially</p> <p>As School Nurses visit schools at different times and days, teachers need to ensure they cover their schools dates and accessibility rules in this section</p> <p>Teachers need to cover the 'Your guide to children and young people's emotional health services</p>
Evaluation	<p>Your reflection and feedback is important!</p> <ul style="list-style-type: none"> • Use 'What I Learned Today' evaluation form – students to complete these anonymously and hand them in for teacher to review and assess.