

Year 8	Lesson 6 Application of Learning Assessment
Ground Rules	Slide of ground rules
Warm-up	<p>Introduction slide with overview of 5 lessons studied in Year 8</p> <ul style="list-style-type: none"> • Physical, Mental and Emotional Health and Wellbeing • Managing Peer Pressure • Dealing with Loss • Sexting and Staying Safe • Self-Awareness <p>Reminders of the key areas we covered in each of the 5 lessons</p>
Lesson Aims	<ul style="list-style-type: none"> • For young people to demonstrate how they can apply the learning from the 5 lessons into an assigned task
End of Year Exercise	<p>In Groups Exercise:</p> <p>This exercise is to measure what they have learned from the Year 8 lessons and how they apply the knowledge and skills. It is also a way of practising team, communication, writing, design, and negotiation and assertiveness skills in a project without setting these out as goals.</p> <p>There are Front and back T-shirt Images included and it would be useful if they could be printed out in A3 size for groups to work with</p> <p>Your task today is in groups of 5:</p> <ul style="list-style-type: none"> • Design a T-shirt (front and back) promoting ‘Positive Mental Health’ • You can use a main heading and/or an image as the focus of your messages • You must also cover all 5 areas we have discussed this year and can include text and images as appropriate to promote your positive messages • You have 30 minutes to discuss, agree and design • Each group will then be present their designs to the whole class <p>Group Feedback and Class discussion</p> <ul style="list-style-type: none"> • Teacher can record as appropriate <p>Depending on the facilities at the school and budget, it could be motivational to have a T-Shirt printed with each groups design or have a vote to see what design the class thinks is best. The design(s) could be displayed in a prominent place in the school to maximise access for all students.</p>
Help and Support	<p>Where to go for any help and support and a handout listing organisations they can approach confidentially</p> <p>As School Nurses visit schools at different times and days, teachers need to ensure they cover their schools dates and accessibility rules in this section</p>

Teachers need to cover the 'Your guide to children and young people's emotional health services

Evaluation

Your reflection and feedback is important!

- Use 'What I Learned Today' evaluation form – students to complete these anonymously and hand them in for teacher to review and assess.