

YEAR 10 MY LEARNING PROGRESS THIS YEAR

Students Name:	Assessment Date	Working Below	Working At	Working Above	Teachers Comments
Values		I am able to identify some of the ways to recognise, clarify and if necessary challenge my own core values and how my values influence my choices	I am mostly able to identify how to recognise, clarify and if necessary challenge my own core values and how my values influence my choices	I am able explain in detail how to recognise, clarify and if necessary challenge my own core values and how my values influence my choices	
Meeting and Managing New Relationships		I am able to identify some of the ways to develop and maintain a variety of healthy relationships	I am mostly able to identify how to develop and maintain a variety of healthy relationships	I am able to explain in detail how to develop and maintain a variety of healthy relationships	
Coping with Exam Stress		I am able to identify some strategies for managing exam stress and emotional wellbeing	I am mostly able to identify strategies for managing exam stress and emotional wellbeing	I am able to explain in detail strategies for managing exam stress and emotional wellbeing	
I like You Better on Social Media		I am able to identify some of the ways that social media relationships may not reflect real life and the possible impact of this on people's expectations of relationships	I am mostly able to identify how social media relationships may not reflect real life and the possible impact of this on people's expectations of relationships	I am able to explain in detail how social media relationships may not reflect real life and the possible impact of this on people's expectations of relationships	
Balancing Your Time and Reducing Stress		I am able to identify some of the importance of managing time effectively and the effect it can have on our stress levels if we don't do so	I am mostly able to identify the importance of managing time effectively and the effect it can have on our stress levels if we don't do so	I am able to explain in detail the importance of managing time effectively and the effect it can have on our stress levels if we don't do so	