

Year 10	Lesson 1 Values
Ground Rules	Slide of ground rules
Warm-up	<p>Introduction outlining what values are and some examples</p> <p>Values are obtained in many different ways, how the most important source of values comes from family</p> <p>Personal Exercise:</p> <ul style="list-style-type: none"> • From the family values list, choose the top 5 that have come from your family to you • If there are any that are in your top 5 but not on the list, include these • Why have you chosen these? • Be prepared to share one of them with the class • Teacher to record feedback
Lesson Aims	<p>Today we are going to - taken from the PSHE Association Curriculum Framework 2014 (updated 2017)</p> <ul style="list-style-type: none"> • Understand how to recognise, clarify and if necessary challenge your own core values and how your values influence your choices
Family Values	<p>Personal Exercise:</p> <ul style="list-style-type: none"> • You have identified the values passed on to you from your family • Make a list of values passed on from your family that you don't accept and why • Be prepared to share one of them with the class • Teacher to record feedback
Personal Values	This outlines some of the sources of personal values and the areas it can influence
Why We Need Values	<p>Class Exercise:</p> <ul style="list-style-type: none"> • Let's try and identify reasons why you think we need values? <p>Feedback and Class Discussion – use You Need Values To and compare against class feedback</p> <ul style="list-style-type: none"> • Teacher to record feedback <p>Life isn't black and white, how values support our decisions</p>
When Are Values Formed	When are values formed, the Imprint, Modelling and Socialisation periods and influences during each of these

Spot The Values	<p>Class Exercise - Spot the Values:</p> <ul style="list-style-type: none"> Buy a bag of good groceries and donate it to your local food bank or shelter Put your neighbours rubbish bin out while you're doing yours Help an elderly person off the bus or cross the road by offering to take their arm or carry their bags Pick up plastic bottles and other rubbish you see around your neighbourhood and deposit it in its appropriate place Step in when you see someone being bullied Report someone looking suspicious to the police <ul style="list-style-type: none"> Teacher to record feedback
Using Your Values To Make the Right Decisions	<p>In Groups of 4:</p> <ul style="list-style-type: none"> A co-worker stole money from your company to cover bills at home, and you caught him in the act He explains that he has student loans, a new baby on the way and promises he will replace it once his commissions start rolling in Your boss calls you into the office and asks if you know anything about the missing money What would you do? What values would influence your decision? Share this with the class <p>Feedback and Class Discussion – use A Tough Situation and compare against class feedback</p> <ul style="list-style-type: none"> Teacher can record as appropriate
How Values Can Influence Career Choice	<p><u>Values</u></p> <p>A short video where a student nurse shares her values which have influenced her choice of career</p> <p>Class Discussion</p>
Passing On My Values	<p>Personal Exercise:</p> <ul style="list-style-type: none"> You will be one of the biggest influences your children have. Make sure your personal values are those you will be comfortable passing down the family line List which values you want to pass on to your children and why Are these different to your current values and why? Be prepared to share one of these with the class <p>Feedback and Class Discussion</p> <ul style="list-style-type: none"> Teacher can record as appropriate
Help and Support	<p>Where to go for any help and support and a handout listing organisations they can approach confidentially</p> <p>As School Nurses visit schools at different times and days, teachers need to ensure they cover their schools dates and accessibility rules in this section</p>

	Teachers need to cover the 'Your guide to children and young people's emotional health services
Evaluation	<p>Your reflection and feedback is important!</p> <ul style="list-style-type: none">• Use 'What I Learned Today' evaluation form – students to complete these anonymously and hand them in for teacher to review and assess.