

<b>Year 10</b>	<b>Lesson 6 Review and Application of Learning</b>
<b>Ground Rules</b>	<b>Slide of ground rules</b>
<b>Warm-up</b>	<p>Introduction slide with overview of 5 lessons studied in Year 10</p> <ul style="list-style-type: none"> <li>• Values</li> <li>• Meeting and Managing New Relationships</li> <li>• Coping with Exam Stress</li> <li>• I like You Better on Social Media</li> <li>• Balancing Your Time and Reducing Stress</li> </ul> <p>A reminder of the key areas we covered in each of the 5 lessons</p>
<b>Lesson Aims</b>	<ul style="list-style-type: none"> <li>• For young people to demonstrate how they can apply the learning from the 5 lessons into an assigned task</li> </ul>
<b>End of Year Exercise</b>	<p>In Groups of 5:</p> <ul style="list-style-type: none"> <li>• The school is holding a parents and carers evening and you are the guest speaker</li> <li>• You need to prepare a speech outlining the challenges and solutions to 'Positive Mental Health' issues from this years lessons:</li> <li>• It should cover each of the 5 areas we have focussed on this year</li> <li>• You have 30 minutes to discuss, agree and write down your speech</li> <li>• Each group will then select someone to present these to the whole class</li> </ul> <p>Group Feedback and Class discussion</p> <ul style="list-style-type: none"> <li>• Teacher can record as appropriate</li> </ul>
<b>Help and Support</b>	<p>Where to go for any help and support and a handout listing organisations they can approach confidentially</p> <p>As School Nurses visit schools at different times and days, teachers need to ensure they cover their schools dates and accessibility rules in this section</p> <p>Teachers need to cover the 'Your guide to children and young people's emotional health services</p>
<b>Evaluation</b>	<p>Your reflection and feedback is important!</p> <ul style="list-style-type: none"> <li>• Use 'What I Learned Today' evaluation form – students to complete these anonymously and hand them in for teacher to review and assess.</li> </ul>