

Year 11	Lesson 4 Working in a Team
Ground Rules	Slide of ground rules
Warm-up	<p>Introduction outlining benefits of team working and impact on mental health</p> <p>In Groups of 4:</p> <ul style="list-style-type: none"> • Discuss and list some benefits of working as a team • Share this with the class <p>Feedback and discussion – use examples to compare</p> <ul style="list-style-type: none"> • Teacher to record feedback
Lesson Aims	<p>Today we are going to - taken from the PSHE Association Curriculum Framework 2014 (updated 2017)</p> <ul style="list-style-type: none"> • Identify team working skills to improve employability and career opportunities
What Is A Team?	<p>Defining what a team is and its components</p> <p>Team working</p> <p>A short video highlighting a few scenarios of what working together can achieve</p> <p>Feedback and discussion</p> <ul style="list-style-type: none"> • Teacher to record feedback
Team Roles And Skills	<p>In Groups of 4:</p> <ul style="list-style-type: none"> • You are going to restaurant for meal with friends • What team roles do the staff play and what skills do they each and collectively need to ensure you have a good experience? • This includes before and during your visit • How can you tell if they are a happy team and what impact might this have on the staff? • Share with the class <p>Feedback and discussion – use examples to compare</p> <ul style="list-style-type: none"> • Teacher to record feedback
Features Of A Great Team	<p>Class exercise:</p> <ul style="list-style-type: none"> • What are the features of a great team? <p>Feedback and discussion – use examples to compare</p> <ul style="list-style-type: none"> • Teacher to record feedback

<p>Positive Impact of Team Working On Our Mental Health</p>	<p>In Pairs:</p> <ul style="list-style-type: none"> • What positive effect does working in a team have on our mental health? • Share this with the class <p>Feedback and discussion – use examples to compare</p> <ul style="list-style-type: none"> • Teacher to record feedback <p>Quote, You may loose with good players but you cannot win without them</p>
<p>Poor Teamwork</p>	<p>In Groups of 4:</p> <p>Poor teamwork</p> <ul style="list-style-type: none"> • Identify as many examples of poor teamwork as you can from this • Share them with the class <p>Feedback and discussion</p> <ul style="list-style-type: none"> • Teacher to record feedback
<p>Help and Support</p>	<p>Where to go for any help and support and a handout listing organisations they can approach confidentially</p> <p>As School Nurses visit schools at different times and days, teachers need to ensure they cover their schools dates and accessibility rules in this section</p> <p>Teachers need to cover the ‘Your guide to children and young people’s emotional health services</p>
<p>Evaluation</p>	<p>Your reflection and feedback is important!</p> <ul style="list-style-type: none"> • Use ‘What I Learned Today’ evaluation form – students to complete these anonymously and hand them in for teacher to review and assess.