



Breastfeeding Support Groups in Bristol

Groups are 'drop in style' and free to attend

Day	Time	Location	Post Code
Monday 	11am – 12pm	Mini Milk St Annes House Brislington. Tel: 07709 264201 Term time only. Closed on bank holidays.	BS4 4AB Car park available
Tuesday	10.30am – 12.00pm	Bishopsworth Children's Centre 2, Lakemead Grove, Bristol	BS13 8EA Some off-street parking
Tuesday	11.15am – 12.45pm	Milk Tots @ Inns Court, Knowle (Children's Centre entrance) 1 Marshall Walk, Bristol	BS4 1TR Car park available
Tuesday	12.30-2.00pm	Southmead Children's Centre. Doncaster Road, Bristol	BS10 5PW Car park available
Tuesday <i>1st & 3rd Tues of each month</i>	1.30 – 2.30pm	Whitchurch Health Visitor's hub Whitchurch Medical Centre Armada Road, Bristol	BS14 0SU Car park available
Wednesday	9.30 – 11.00am	Health visitor hub & baby group with breastfeeding support Hartcliffe Children's Centre Hareclive Road, Bristol	BS13 0JW Car park available
Wednesday	11.30am – 1.00pm	Brentry & Henbury Children's Centre. Brentry Lane, Bristol	BS10 6RG Car park available
Thursday	9.30 – 10.45am	Stockwood Children's Centre Next door to Woodlands Academy Whittock Road, Bristol	BS14 8DQ On street parking
Thursday	10.15-11.45am	Honeysuckle Filton Avenue Children's Centre Blakeney Road, Horfield Bristol	BS7 0DL On street parking
Thursday	10.30 – 12.00pm	Bedminster Children's Centre British Road, Bristol	BS3 3BZ On street parking
Thursday	12.30-2.00pm	Lawrence Weston Breastfeeding Support Café Long Cross Children's Centre 117 – 119 Long Cross, Lawrence Weston Bristol	BS11 0LP On street parking

Thursday 	1-2.30pm	Wellspring Family Centre 43 Ducie Road, Barton Hill. Runs alongside Stay & Play in the Health Visitor Under 5s Hub	BS5 0AX On street parking
Friday 	11.15am – 12.45pm 2 nd Friday of the month	La Leche League @ Bishopston Library 100a Gloucester Road, Bristol LLL Bristol – La Leche League GB	BS7 8RN
Expectant and breastmilk feeding families are welcome in the groups where you can be offered information and support on a variety of topics relating to breastfeeding, expressing, mixed feeding, introducing solids and stopping breastfeeding. For more information, contact bristolbreastfeeding@bristol.gov.uk			

Last updated 15/6/23