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**NEGOTIATE**

When you can see things differently and speak for yourself, it becomes easier to **NEGOTIATE**. It's important to remember that this isn't about getting what you want – it's about finding a compromise that works for your child.



**Make a clear and polite request:**

*"I would like Josh to be there for all of the fireworks."*

**Offer something positive that you can do:**

*"OK. How about I leave earlier and drop him straight to the party?"*

**Find a compromise that everyone can agree to:**

*"He's not got his wellies... but I could bring them and meet you there."*