Please note: this will be updated frequently with new activities. With thanks to the people and organisations who have made these available.

| Who? | What? | For? | Free? | When? | Where? | How can I take part? | N |
|-------------------------------------|--|------------------------------|-----------------------|--|--|---|--|
| Café Conscious | Residents from Barton House can collect or order hot food, groceries, and toiletries. Families are welcome to eat in and stay and play and will also be able to receive Bristol City Council most recent updates in Arabic, English and Somali as well as support from Acorn Housing representatives and translators. Donations of items such as food and nappies are collected and distributed here. | Barton House residents | Yes | 09:00 - 16:00 Mon - Fri | 182 Avonvale Road, Barton Hill, BS5 9SX (about 1.6 miles from Holiday Inn) | Drop-in during opening hours. | |
| Docklands Full Circle Project | Girlz Nite | Girls aged 8 - 12 | Yes (see notes) | 16:30 - 18:00 Mon term time | Community Centre, 29 Brigstocke Road, St Pauls, BS2 8UA (about 0.4 miles from Holiday Inn) Book by ema services@full project.org.uk Book by ema services@full project.org.uk | Book by emailing services@fullcircle project.org.uk | Sessions are usually £1, but Docklar residents. Residents need to book, s Barton House at the time of booking. Residents should email services@fu aren't already registered with Dockla Docklands to register. This is for safe name of adult and phone number. There are limited spaces on some of essential. Note, info on Docklands Full Circle w here is up to date. |
| | Bristol Breakers Breakdancing Class | Teens and adults aged 14+ | Yes (see notes) | 20:00 – 22:00 Mon term time | | Book by emailing services@fullcircle project.org.uk | |
| | Women's Yoga | Adult women | Yes (see notes) | 09:30 – 10:30 Mon term time | | Book by emailing services@fullcircle project.org.uk | |
| | Youngerz Nite | Children aged 8 - 11 | Yes (see notes) | 17:30 – 19:30 Tues term time | | Book by emailing services@fullcircle project.org.uk | |
| | Global Dance Fitness with Jas | Adults | Yes (see notes) | 18:00 – 20:00 Tues term time | | Book by emailing services@fullcircle project.org.uk | |

Notes

ands will waive the fee for Barton House so if they mention that they're from g, they won't be charged.

fullcircleproject.org.uk to book. If residents lands, they'll be contacted back by afeguarding. They'll be asked to provide

of these sessions, which is why booking is

website is not up to date. The info given

Please note: this will be updated frequently with new activities. With thanks to the people and organisations who have made these available.

| Who? | What? | For? | Free? | When? | Where? | How can I take part? | |
|--|---|---|-----------------------|---|-------------|---|--|
| | Olderz Nite | Children aged 12 - 16 | Yes (see notes) | 18:30 – 20:30 Weds term time | | Book by emailing services@fullcircle project.org.uk | |
| | Bristol Breakers Kids Breakdancing Class | Children aged 8 - 11 | Yes (see notes) | 17:00 – 18:00 Weds term time | | Book by emailing services@fullcircle project.org.uk | |
| | Coffee morning | All ages | Yes (see notes) | 09:30 – 11:00 Weds term time | | Book by emailing services@fullcircle project.org.uk | |
| | Female Basketball | Females aged 14+ | Yes (see notes) | 19:00 – 21:00 Thurs term time | | Book by emailing services@fullcircle project.org.uk | |
| | Table Tennis | All ages | Yes (see notes) | 18:00 – 20:00 Thurs term time | | Book by emailing services@fullcircle project.org.uk | |
| | Boy's Basketball | Boys aged 12+ | Yes (see notes) | 17:30 – 19:30 Fri term time | | Book by emailing services@fullcircle project.org.uk | |
| | Stay and Play | Children under the age of 5 | Yes (see notes) | 11:00 – 12:30 Fri term time | | Book by emailing services@fullcircle project.org.uk | |
| | Community Meal | Adults aged 50+ | Yes (see notes) | 15:00 – 17:00 Fri | | Book by emailing services@fullcircle project.org.uk | |
| | Peak Fitness | Teens and adults | Yes (see notes) | 17:00 – 18:00 Sun term time | | Book by emailing services@fullcircle project.org.uk | |
| Bristol Horn Youth Concern (Khalil) | Children's activities (crafts and games) | Children staying at the Holiday Inn | Yes | 15:00 - 18:00 Mon – Fri | Holiday Inn | Drop-in during opening hours. | |

Notes

Please note: this will be updated frequently with new activities. With thanks to the people and organisations who have made these available.

| Who? | What? | For? | Free? | When? | Where? | How can I take | No |
|---|--|---|--------------|----------------------------------|--|---|--|
| | | | | 15:00 - 19:00 Sat – Sun | | part? | |
| Sirona | Health visiting team drop- in | Children (babies and toddlers) aged 5 and under | Yes | 13:00 – 14:00 Thurs | Wellspring Family Centre Wellspring Settlement 43 Dulce Road Barton Hill (about 1.4 miles from the Holiday Inn) | Drop-in during opening hours. 0300 125 6274 | You can drop into any of the Baby Hull members of the health visiting team and able to offer support with feeding your you to use. The Health Visiting Team offers support and wellbeing of their family through do strengths, building supportive family re- community services and support. https://sirona-cic.org.uk/children-service |
| Sirona | Health visiting team drop- in | Children (babies and toddlers) aged 5 and under | Yes | 10:30 – 11:30 - Fri | Trinity Centre Trinity Road St Judes | Drop-in during opening hours. 0300 125 6274 | |
| Central Family Support Team (Bristol City Council) | Stay and Play | Children aged 5 and under | Yes | 10:00 – 12:00 Mon - Fri | Holiday Inn | Drop-in | |
| Easton Community Centre | Childrens and family activities. | All ages | Yes | 10:00 – 16:00 Sat | Easton Community Centre Kilburn Street BS5 6AW (about 1.4 miles from Holiday Inn) | Drop-in during opening hours | Easton Community Centre has: -Free Wifi -Photocopying services -Printing and scanning services -Laptop and mobile phone to borrow -3 public access computers -Community book lending library -Toys and games |
| Felix Road Adventure Play | Adventure play and free hot meal for children | Children aged 8 – 14 (unsupervised) Children aged 8 and under (supervised by adult) | Yes | 13:00 – 17:00 Sun | Felix Road Adventure Playground Felix Road BS5 0JW (about 1.2 miles from Holiday Inn) | Drop-in during opening hours | https://eastsidecommunitytrust.org.uk/ Our adventure playground has an ope are free to come and go as they choos Our playground is supervised by traine always on hand to offer help, support a to test their abilities, problem solve and https://eastsidecommunitytrust.org.uk/ |

Notes

Hubs across Bristol where you can chat to m and meet other parents. Staff will be your baby and baby scales are available for

pport to parents to maximise the health the discussion about their health needs and ly relationships and engaging in wider

ervices/services/health-visiting-service/

uk/our-places/easton-community-centre/ open access policy – this means children noose.

ained qualified playworkers. We are ort and advice while allowing the children and work things out for themselves.

.uk/our-places/felix-road/

Please note: this will be updated frequently with new activities. With thanks to the people and organisations who have made these available.

| Who? | What? | For? | Free? | When? | Where? | How can I take part? | No |
|---|---|----------------------|--------------|--|--|---|---|
| Bristol Somali Resource Centre | Advice and support | All ages | Yes | | Wellspring Settlement 43 Dulce Road Barton Hill (about 1.4 miles from the Holiday Inn) | Advisors have been attending the Holiday Inn. You can also drop- in to their premises at the Wellspring Settlement. You can also contact them 0117 907 7994 info@somalicentre .co.uk | The Bristol Somali Resource Centre (I information, advice and guidance on a housing, schools and employment. https://www.somalicentre.org.uk/ |
| Welcoming Spaces | Social activities, advice and support. | Everyone | Yes | Varies (see notes) | Varies (see notes) | Varies (see notes) | You can sit, socialise with others, take You can see a map of local Welcomin https://www.bristol.gov.uk/residents/pe spaces/find-a-welcoming-space?tab= |
| Family Hub | Information and support for families | Parents and children | Yes | 09:00 – 16:30 Mon – Thurs 09:00 – 13:00 Fri | Wellspring Settlement 43 Dulce Road Barton Hill (about 1.4 miles from the Holiday Inn) | Drop-in during opening hours. 0117 955 6971. | Your local Family Hub can give you in relating to you and your family. This in wellbeing services and parenting supp https://wellspringsettlement.org.uk/sup |
| Bristol Old Vic | Complimentary tickets to Arabian Nights | Ages 7+ | Yes | Varies (see notes) Last show: Sat 06 th Jan | Bristol Old Vic King Street BS1 4ED (about 0.7 miles from the Holiday Inn) | Please see Khalil Abdi (who runs the stay and play sessions at the Holiday Inn) to book. | Approx 2 hours and 10 minutes includ Please check the website for a list of t Arabian Nights has Signed, Audio Des performances. https://bristololdvic.org.uk/whats-on/ar |
| Aerospace Bristol | Complimentary tickets to air and space museum | All ages | Yes | 10:00 – 16:30, Mon – Sun (closed 24-26 Dec) | Aerospace Bristol Hayes Way Patchway BS34 5BZ (about 7 miles from Holiday Inn) | Please see Khalil Abdi (who runs the stay and play sessions at the Holiday Inn) to book. | https://aerospacebristol.org/ |
| Spike Island | Art exhibits and events | All ages | See notes | See website | 133 Cumberland Road | Book online | Exhibitions are free to attend. |

| re (BSRC) provides free and impartial on a range of issues including welfare, |
|---|
| ake part in activities and access support. |
| ming Spaces at this link: s/people-and-communities/welcoming- ab=WelcomingSpaces |
| u information and support about anything is includes activity groups, health and support. |
| /support/visit-the-family-centre/ |
| cluding interval. |
| of times and dates. |
| Described, Captioned and Relaxed |
| n/arabian-nights |
| |
| |

Please note: this will be updated frequently with new activities. With thanks to the people and organisations who have made these available.

| Who? | What? | For? | Free? | When? | Where? | How can I take part? | N |
|--|------------------------|-------------------------|--|---|---|----------------------------------|--|
| | | | | | BS1 6UX (about 1.5 miles from Holiday Inn) | | Some events and workshops have a free for anyone experiencing financia hardship' option when booking online https://www.spikeisland.org.uk/program |
| Imayla | Arts with Imayla | Children aged 8 - 12 | Yes | 16:30 – 18:00 Thur | Holiday Inn | Drop-in | |
| Travelling Light Theatre | Games and fun | Children aged 8 - 12 | Yes | 16:30 – 18:00 Tues | Holiday Inn | Drop-in | |
| Bristol Museums and Art Gallery | Museum and art gallery | Everyone | Yes | Tuesda y – Sunday 10:00 – 17:00 | Queens Rd, Clifton, Bristol BS8 1RL (about 0.8 miles from Holiday Inn) | Drop-in during opening hours | |
| M Shed | Museum | Everyone | Yes | Tuesda y – Sunday 10:00 – 17:00 | Princes Wharf, Wapping Rd, Bristol BS1 4RN (1.1 miles from Holiday Inn) | Drop-in during opening hours. | |
| Royal West of England Academy | Museum and exhibitions | Everyone | Free under 21's years old. Free tickets availab le when names are shared in advanc e. | Tuesda y – Sunday 10:00 – 17:00 | Queens Rd, Clifton, Bristol BS8 1PX (1.0 miles from Holiday Inn) | Drop-in during opening hours. | Please let know Khalil if you want to o Communities Development Team. |

Notes

a small fee for adults; however, they are cial hardship. Simply select the 'financial ine.

gramme/events/

to get free tickets. Khalil to let know BCC